



Manual Mobilization Of The Joints

**Freddy M. Kaltenborn, Olaf
Evjenth, Dennis Morgan, Traudi Baldauf
Kaltenborn, Eileen Vollowitz**

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Manual Mobilization of the Joints Vol 1: The Extremities Freddy M. Kaltenborn, 2011-08 The Extremities by Freddy Kaltenborn presents basic extremity joint evaluation and mobilization techniques designed to fulfill the manual therapy requirement in physical therapy curriculum The updated 7th edition features 190 color photographs and an all new companion DVD Illustrated Softcover 320 pages The Extremities Textbook OMT theory history Fundamentals of non thrust mobilization techniques for pain relief hypomobility and joint testing Grades of translatory movement Emphasis on underlying biomechanics functional anatomy Basic and alternate grips Use of wedges fixation straps and mobilization straps for ergonomic positioning and longer duration mobilizations The Extremities DVD Over 150 short video clips the perfect accompaniment for visual learning outside of class Techniques demonstrated by Freddy Kaltenborn DVD does not include audio For over 50 years Kaltenborn's classic handbooks on Manual Mobilization of the Joints have introduced thousands of clinicians and students worldwide to the practical foundations of joint mobilization **Manual Mobilization of the Joints**

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