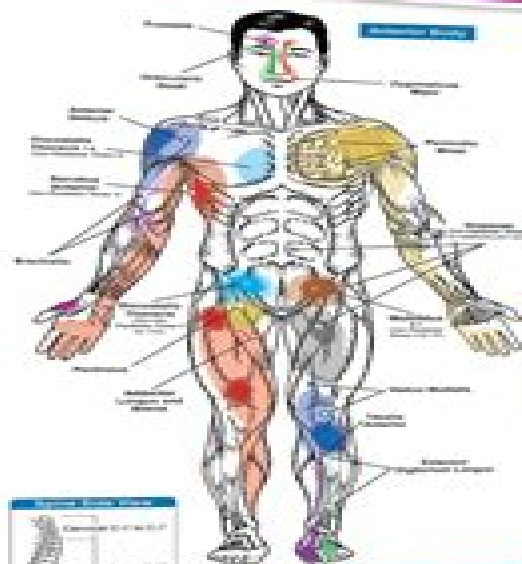


TRIGGER POINTS 2

Posterior Body, Arms, Legs, Hands and Feet

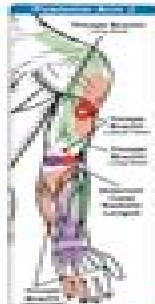
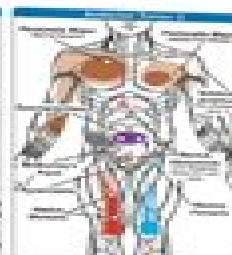
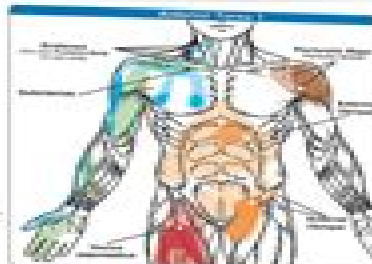
TRIGGER POINTS 1

Anterior Body, Head, Neck and Arms



PAIN AREA REFERENCE

TRIGGER POINT (T.P.) DEFINITION



TRIGGER POINT (T.P.) DEFINITION

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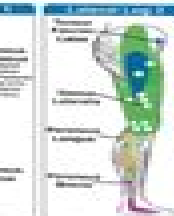
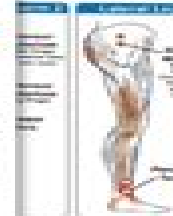
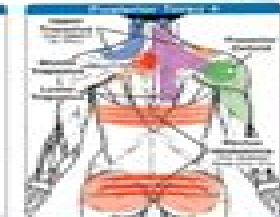
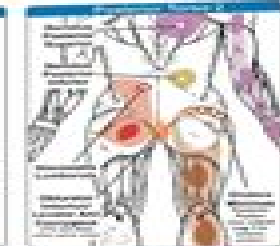
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LEVELS OF INTENSITY

Level 1: Mild trigger points, often found in the muscle tissue of the neck, shoulder, upper back, and lower back. They are often found in the muscle tissue of the neck, shoulder, upper back, and lower back. They are often found in the muscle tissue of the neck, shoulder, upper back, and lower back.

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