

Lettres à la rédaction

C'est avec un grand intérêt que j'ai lu l'article intitulé « Etude épidémiologique sur les extractions dentaires chez les patients sous AVK en Ile-et-Vilaine » de Murielle MASSOT et coll. (Med Buccale Chir Buccale 2009 ; 15 : 5-15). Dans le chapitre « discussion », les auteurs s'étonnent de la survenue de saignements bucco-dentaires postopératoires à type de caillots, d'hémorragies ou d'hématomes, signalée par des praticiens qui arrêtent les AVK pour la réalisation des extractions dentaires, alors que théoriquement le risque hémorragique devrait être nul. Les hémorragies survenant après avulsions dentaires peuvent être précoces (immédiates ou différées de quelques heures) ou tardives (plusieurs jours après) [1-3]. Par conséquent, chez les malades soumis aux anticoagulants, si l'arrêt préopératoire des AVK peut réduire le risque de saignement précoce, il ne prévient en aucun cas l'hémorragie tardive, d'autant que les anticoagulants oraux sont réintroduits le soir ou le lendemain de l'intervention. Dans la littérature, comme dans l'enquête

réalisée en Ile-et-Vilaine, des saignements ont été rapportés malgré l'arrêt préopératoire des AVK [4]. Par ailleurs, en chirurgie buccale, les essais cliniques comparant l'arrêt versus la poursuite des AVK n'ont pas montré de différence dans le taux des complications hémorragiques postopératoires [5]. Alors que les saignements buccaux sont généralement maîtrisables par des mesures d'hémostase locale, les complications thromboemboliques secondaires à l'interruption ou à la diminution des AVK peuvent être très graves et entraîner des séquelles invalidantes (hémiplegie par accident vasculaire cérébral) ou provoquer le décès des malades [6]. D'ailleurs, dans les recommandations de la Société francophone de Médecine buccale et Chirurgie buccale faites en collaboration avec la Société française de Cardiologie [6], l'arrêt des anticoagulants oraux n'est pas justifié (grade I, niveau A) car, non seulement cette attitude expose aux redoutables complications thromboemboliques mais elle ne protège pas contre le risque hémorragique.

médecine
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