
LEWENSORIËNTERING GRAAD 11

KWARTAAL 1 OPSOMMINGS

HOOFSTUK 1: ONTWIKKELING VAN DIE SELF IN DIE SAMELEWING

Eenheid 1: Beplan en bereik lewensdoelwitte: Pas lewensvaardighede toe as bewys van 'n vermoë

Tipes doelwitte

Wat is 'n doelwit?

- iets wat jy probeer bereik.
- Dit help jou ten volle lewe.
- Dit help jou fokus, hou jou gemotiveerd en inspireer jou.
- iets wat tot aksie oorgaan.
- iets wat jy stel en dan optree om dit te bereik.

Doelwitte is nuttig, want dit:

1. Gee vir jou rigting om jou te help beweeg van waar jy is na waar jy wil wees.
2. Help jou om beheer van jou toekoms te neem en beplan soos jy dit wil hê.
3. Is persoonlik, uniek of spesiaal en beskryf die dinge wat jy graag in die lewe wil doen en wees.

Lewensvaardighede wat jou sal help om doelwitte te bereik:

- Probleemoplossing
- Tydbestuur
- Besluitneming
- Nabetragting en evaluering
- Selfbestuur

Noem en beskryf die 3 tipes doelwitte.

1. Korttermyn doelwit

- Doelwit wat jy binne 'n week, maand, of paar maande kan bereik.
- Stel korttermyn doelwitte om binne 'n jaar te behaal.

2. Mediumtermyn doelwit

- Doelwit wat jy binne 1-3 jaar wil bereik.
- Kort as langtermyn doelwit en langer as korttermyn doelwit.

3. Langtermyn doelwit

- Lewensdoelwitte wat jy mik om oor tydperk langer as 3 jaar te behaal.

Lewensorientering Graad 11 November 2013

Emilie Sanchez



Lewensorientering Graad 11 November 2013:

The Top Books of the Year Lewensorientering Graad 11 November 2013 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the engaging narratives that have enthralled audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This touching tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Lewensorientering Graad 11 November 2013 : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This spellbinding historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Lewensorientering Graad 11 November 2013 : Delia Owens "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of engaging stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a exceptional and gripping novel that will keep you guessing until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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