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Marco Cascella



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universal teachable and actionable framework for understanding and shaping markets **Digital Wellness, Health and Fitness Influencers** Stefan Lawrence, 2022-10-07 This book examines the phenomenon of digital guru media DGM the self styled online influencers life coaches experts and entrepreneurs who post on the themes of wellness health and fitness It opens up new perspectives on digital leisure and internet celebrity culture and asks important questions about the social cultural and psychological implications of our contemporary relationship with digital media Drawing on cutting edge social theory the book explores a wide range of contexts in which DGM intersects with digital leisure from the health related learning of young people to the clean eating movement to the online lives of fitness professionals It asks if digital and social media are problematic per se and explores the problems a turn to the Internet could be revealing about the lack of real world or analogue support as well as potential solutions for our wellness health and fitness needs and wants Bringing together innovative multi disciplinary perspectives this book is fascinating reading for anybody with an interest in leisure studies media studies cultural studies sociology or health and society **Books and Pamphlets, Including Serials and Contributions to Periodicals** Library of Congress. Copyright Office, 1968 Catalog of Copyright Entries. Third Series Library of Congress. Copyright Office, 1968 **Power and the Engineer** ,1899 **Press, Radio, and TV Guide** ,1978 Power ,1899 **Catalog of Copyright Entries, Third Series** Library of Congress. Copyright Office, 1966 The record of each copyright registration listed in the Catalog includes a description of the work copyrighted and data relating to the copyright claim the name of the copyright claimant as given in the application for registration the copyright date the copyright registration number etc *The Iron Age* ,1925 *Machinery* Fred Herbert Colvin, Lester Gray French, 1921 **Iron Age and Hardware, Iron and Industrial Reporter** ,1925 **Machinery** ,1921 Whitaker's Five-year Cumulative Book List ,1953 **The National Magazine** ,1926 National Stockman and Farmer ,1918 Builders' Weekly Guide ,1953 *The Commercial Motor* ,1913

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