

LIST OF SUCCESSFUL CANDIDATES

	CONSTITUENCY	WINNER	SEX	PARTY	SYMBOL
1	Ichchapuram	ASHOK BENDALAM	M	TDP	Bicycle
2	Palasa	APPALARAJU SEEDERI	M	YSRCP	Ceiling Fan
3	Tekkali	ATCHANNAIDU KINJARAPU	M	TDP	Bicycle
4	Pathapatnam	REDDY SHANTHI	F	YSRCP	Ceiling Fan
5	Srikakulam	DHARMANA PRASADA RAO	M	YSRCP	Ceiling Fan
6	Amadalavalasa	THAMMINENI SEETHARAM	M	YSRCP	Ceiling Fan
7	Etcherla	Gorle, Kiran Kumar	M	YSRCP	Ceiling Fan
8	Narasannapeta	DHARMANA KRISHNA DAS	M	YSRCP	Ceiling Fan
9	Rajam (SC)	KAMBALA JOGULU	M	YSRCP	Ceiling Fan
10	Palakonda (ST)	VISWASARAYI KALAVATHI	F	YSRCP	Ceiling Fan
11	Kurupam	PUSHPASREEVANI . PAMULA	F	YSRCP	Ceiling Fan
12	Parvathipuram	ALAJANGI JOGARAO	M	YSRCP	Ceiling Fan
13	Saher	PEEDIKA. RAJANNA DORA	M	YSRCP	Ceiling Fan
14	Bobbili	SAMBANGI VENKATACHINA APPALA NAIDU	M	YSRCP	Ceiling Fan
15	Cheepurupalli	BOTCHA SATYANARAYANA	M	YSRCP	Ceiling Fan
16	Gajapathinagaram	APPALANARASAYYA BOTCHA	M	YSRCP	Ceiling Fan
17	Nellimarla	APPALA NAIDU BADDUKONDA	M	YSRCP	Ceiling Fan
18	Vizianagaram	VEERA BHADRA SWAMY KOLAGATLA	M	YSRCP	Ceiling Fan
19	Srungavarapukota	Kadubandi Srinivasa Rao	M	YSRCP	Ceiling Fan
20	Bhimli	MUTTAMSETTI SRINIVASARAO (AVANTHI SRINIVAS)	M	YSRCP	Ceiling Fan
21	Visakhapatnam East	RAMAKRISHNA BABU VELAGAPUDI	M	TDP	Bicycle
22	Visakhapatnam South	GANESH KUMAR VASUPALLI	M	TDP	Bicycle
23	Visakhapatnam North	GANTA SRINIVASA RAO	M	TDP	Bicycle
24	Visakhapatnam West	P G V R NAIDU(GANA BABU)	M	TDP	Bicycle
25	Gajuwaka	NAGIREDDY TIPPALA	M	YSRCP	Ceiling Fan
26	Chodavaram	KARANAM DHARMASRI	M	YSRCP	Ceiling Fan
27	V.Madugula	BUDI MUTYALA NAIDU	M	YSRCP	Ceiling Fan
28	Araku valley	CHETTI. PALGUNA	M	YSRCP	Ceiling Fan
29	Paderu	BHAGYA LAKSHMI KOTTAGULLI	F	YSRCP	Ceiling Fan
30	Anakapalli	Amarnath Gadivoda	M	YSRCP	Ceiling Fan
31	Pondurthi	ANNAMBREDDY ADEEP RAJ	M	YSRCP	Ceiling Fan
32	ELAMANCHILI	UPPALAPATI VENKATA RAMANAMURTHY RAJU	M	YSRCP	Ceiling Fan
33	PAYAKARAOPETA	COLLA BABURAO	M	YSRCP	Ceiling Fan
34	Narsipatnam	UMA SANKARA GANESH PETLA	M	YSRCP	Ceiling Fan
35	Tuni	DADISETTI RAJA	M	YSRCP	Ceiling Fan

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web jul 8 2021 this usually takes 90 120 seconds though larger body parts like legs and back may take longer and smaller muscle groups like arms and calves may take less a good measure when you catch your breath and feel ready to go start a new set 8 get at least 48 hours rest between workouts

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