



La Sagesse De Lharmonie Toltegraveque

Susan Gregg



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La sagesse de l'harmonie tolteque Susan Gregg, 2013-11-06 La sagesse tolt que nous apprend atteindre une v ritable libert personnelle Un panouissement En effet si chaque tre humain est n avec la possibilit d tre heureux la vie l ducation la soci t nous dressent et nous domestiquent au point de nous faire oublier d tre nous m mes Les trois Ma trises tolt ques Attention Transformation et Intention sont les cl s pour d passer nos limites et atteindre le bonheur Ce livre nous apprend ne pas juste r agir aux v nements mais aussi agir sur eux devenir les v ritables artisans de nos vies Gr ce des explications sur les bases de la sagesse tolt que et des exercices simples de m ditation l auteur met notre port e cette philosophie qui s est d abord transmise aux seuls initi s D couvrez les bienfaits d une sagesse mill naire et pourtant totalement actuelle Le livre de sagesse tolt que qui a chang la vie de centaines de milliers de lecteurs

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