

Muscular System Tour

Name _____ Hour _____

Muscular System

There are more than _____ muscles in the Human Body!!

Muscles are:

Needed for _____

Needed for _____

Needed for _____

Needed for _____

Needed for _____

Answer these questions by reading the following pages:

Skeletal Muscle

➤ Move your bones.

➤ Voluntary (_____)

➤ Over _____

➤ Long _____

➤ Stripes _____

Did you see cardiac muscle under the microscope?

Cardiac Muscle

➤ The muscle of the heart.

➤ Involuntary (_____)

➤ Works _____

➤ Strongest _____

➤ Only _____

➤ Some _____

Did you see cardiac muscle under the microscope?

Smooth Muscle

➤ The muscle of _____

➤ Involuntary (_____)

➤ Contract _____

➤ Can remain _____

➤ Usually _____

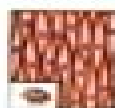
➤ No stripes (striations)

3 Types of Muscle

Identify the three types of muscle from the diagram:



Muscle



Muscle



Muscle

Anatomy of a Muscle

Identify:

Bone

Tendon

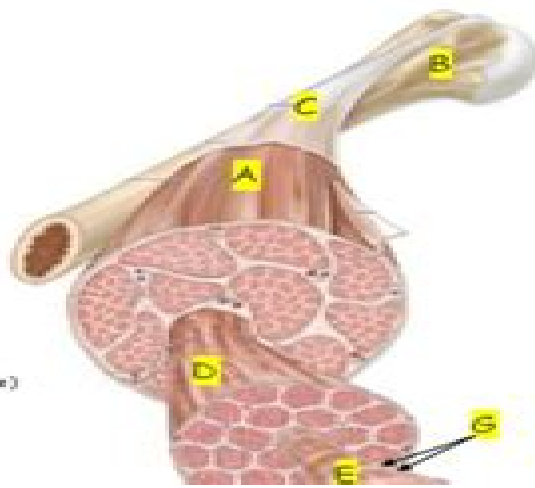
Myofibril

Cell Nuclei

Fascicle

Body of Muscle

Muscle Fiber



Which of these (above) is the muscle cell?

How a Muscle Works

- A skeletal muscle works by _____
- The muscle can shorten as much as _____
- Each muscle cell is made up of smaller _____
- The _____ are in contact with a nerve ending.
- The nerve releases a chemical called a _____
- The _____ stimulates the entire muscle to contract.

Identify:

Fascicle

Myofibril Relaxed

Muscle Cell

Myofibril Contracted



Muscle to Tendon to Bone

Tendons attach _____ to _____



Opposites Contract ... and relax

Muscular System Tour Key

J Elliott



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