

# 7 DIY HAIR MASKS



1

## MOISTURIZING

*1 tbsp olive oil + 1/4 cup yogurt  
Stir ingredients together.  
Apply to hair. Leave 15-30'.  
Wash + rinse.*

## CLARIFYING

*2 tbsp sea salt + 1-2 tbsp lemon  
juice + 1-2 tbsp olive oil  
Mix ingredients. Wet hair.  
Massage scrub into scalp.  
Rinse well + shampoo.*

2



3

## EXTRA CONDITIONING

*2 tbsp oil + 1 tbsp raw honey  
Combine ingredients. Heat in  
microwave until spreadable. Massage  
onto scalp. Cover with shower cap for  
30-60'. Rinse.*

## SHINE + CONDITIONING

*1 egg + 1 cup coconut milk + 1 tbsp  
extra virgin olive oil  
Whisk egg. Combine with the other  
ingredients. Pour over scalp + massage.  
Pour rest on ends. Leave 15-20'.  
Rinse + wash.*

4



5

## GROWTH STIMULATING

*1 tbsp coconut oil + 1 egg + 1 tbsp  
matcha powder  
Whisk egg. Combine with other  
ingredients. Part clean hair with comb,  
apply to roots. Leave 30'. Shampoo.  
Reapply weekly.*



6

## PH BALANCING

*1/4 cup apple cider vinegar + 1 tbsp  
lemon juice  
Combine ingredients. Apply to scalp  
after shampoo. Cover with shower cap.  
Leave 10-15'. Rinse. Don't condition.*



7

## REPAIRING

*1 ripe banana + 1 tbsp honey  
Blend ingredients into smooth mixture.  
Apply to hair, especially ends. Cover  
with shower cap. Leave 20'. Rinse.*



hello glow..

# Natural Hair Mask Recipe

**Jianjun Gao**



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