

Sample Mental Health Care Plan

| GP MENTAL HEALTH CARE PLAN (MBS ITEM NUMBER 2700,2701, 2715, 2717) | | | |
|--|--|-----------------------------------|---|
| PATIENT ASSESSMENT | | | |
| Patient's Name | <i>Eg. Tom Stevens</i> | Date of Birth | <i>02/11/1965</i> |
| Address | <i>77 Brown Street, Geelong</i> | Phone | <i>9933 1166</i> |
| Carer details and/or emergency contact(s) | <i>Wife (Jane) as above</i> | Other care plan Eg GPMP / TCA. | YES <input type="checkbox"/> NO <input type="checkbox"/> |
| GP Name/ Practice | <i>Dr M Forman</i> | | |
| AHP or nurse currently involved in patient care | <i>None</i> | Medical Records No. | <i>10945678</i> |
| | | | |
| PRESENTING ISSUE(S) What are the patient's current mental health issues? | <i>Can't sleep Tired all the time Teary Easily "flies off the handle" Wife made him attend the surgery today</i> | | |
| PATIENT HISTORY Record relevant biological psychological and social history including any family history of mental disorders and any relevant substance abuse or physical health problems | <i>Usually well, infrequent presentation at surgery over the last 12 months Mild asthmatic Not sleeping well Doesn't go out much – often feels lonely Has a few extra drinks to get to sleep Married for 20 years, 3 teenage children at home 12 months ago retrenched from a supervisory position at steel works, has been unable to find work since Mother and father both well. Mother unwell after birth of her last child (Tom's younger brother)</i> | | |
| MEDICATIONS (attach information if required) | <i>Ventolin – for asthma</i> | | |
| ALLERGIES | <i>All</i> | | |
| ANY OTHER RELEVANT INFORMATION | <i>Struggling financially</i> | | |
| RESULTS OF MENTAL STATE EXAMINATION Record after patient has been examined | <i>Presents with moderate depression over the past 6 months due to retrenchment. At risk of continued alcohol abuse. Difficulty concentrating. Motivation low. Cognition normal. Insight good.</i> | | |
| RISKS AND CO-MORBIDITIES Note any associated risks and co-morbidities including suicidal tendencies and risks to others | <i>Low suicide risk Increased reliance on alcohol – complication presentation</i> | | |
| OUTCOME TOOL USED | RESULTS <i>38</i> | | |
| DIAGNOSIS | <i>Moderate Depression (reactive)</i> | | |

Mental Health Treatment Plan Template

Patrick Vollmar



Mental Health Treatment Plan Template:

Mental Health Treatment Plan Template Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the energy of words has become more evident than ever. They have the ability to inspire, provoke, and ignite change. Such may be the essence of the book **Mental Health Treatment Plan Template**, a literary masterpiece that delves deep in to the significance of words and their effect on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall affect readers.

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