Menstrual Distress Questionnaire (MEDI-Q)

Istrazioni - La preghiano di examinare attenuamente l'elenco dei sintomi forniti. Risponda alla domanda A per ogni sintomo che ha sperimentato durante i suoi cicli mestruali negli ultimi 12 mesi. Se non ha riscontrato un particolare sintomo, risponda "No" e pussi al sintomo successivo nell'elenco. Tuttaria, se ha riscontrato un certa sintomo durante i suni cicli mestruali, risponda anche alle domande B, C e D riguordanti l'impatto di quel sintomo sul suo funzionamento e sulla sua qualità di vita.

A. Nell'ultimo anno nei giorni in cui aveva il flusso mestruale ha mai avulo					Se ha avuto questo sintomo, quanto ha interferito con la una qualità della vita, le sue attività ricreative o lavorative e le sue relazioni sociali													
					Bnei giorni in cui aveva il flusso mestrusie?				Cin fase premestruale (nei ? giorni prima dell'inizio delle mestruazioni)?					D negli altri giorni (al di foori della fase mestruale/promestruale)?				
		Si, meno della metà shelle volte in cui ho avuto il ciclo		An mark	į	100	Mean	27/2/2	į	166	1	Non ho mai avato questo sintomo in fine promostroale	The sales	į	Abhasan	Make	Non ho mai avuto questo sistomo al di faori della fase mestruale premestruale	
1dolore al besso ventre?															0			
2 delore a urinare?	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
3dolore silla defecusione?	D			0	П	D	D	0			П		0		0	D		
4. dolore muscolare osseo articulare?		0		п	П	П	П	D	0		п	0	0		0	П	0	
5	0	0	0	п	0		D	п			п			п			0	
6hanes?		0		п	П		П	п			П		п		0	п		
7 orfolos (mel di testa)?	D	0		D	0	0	0	0	D	0	0	0	0	D	0	0	0	
 difficoltà digestive (digestione lunga, braciori di etonaco, fastidioso senso di pienezza dopo i pasti)? 	О	0	О	0	0	0	D	D	0	п	0	0	0	а	О	0	а	
9durres?	0	0		0	D	D	D	0	0	0	D	0	D		0	0	0	
10strichezza*	0	а		0	п	0	0	0	0		О	.0	В		0	D	0	
 malemere o disagio a cussa delle perdite emariche vaginali? (paura di macchie/odori, fastidio per l'assorbente, difficoltà o imbarazzo nei rapporti nessuali)? 	0	0	0	0	0	0	0	0	0	0	0	О	0	0	0	0	0	
12 la sensazione di sentirsi impura?		0		0	0	0	0	0	0	0	0		D		а	0	0	
 la sensazione di essere eccessivamente triste (con facilità al pianto, scarsa spinta a fare le cosse, perdita di interesse per le sassili attività)? 	п	0	п	0	D	0	D	D	0	п	D	D	D	0	0	0	а	

Menstrual Distress Questionnaire Manual

Liying Dong

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