

Psychologie du développement 1

Psychologie du développement 1

La psychologie du développement est une branche de la psychologie qui étudie les processus de changement et de croissance psychologique tout au long de la vie d'un individu. Ce cours de Psychologie du développement 1 vous permettra d'acquérir les connaissances de base sur le développement humain depuis la petite enfance jusqu'à l'adolescence. Vous découvrirez les théories et les principaux concepts utilisés en psychologie du développement, ainsi que les différentes étapes de développement psychologique chez l'enfant et l'adolescent.



Définitions

Définition

Psychologie du développement

La psychologie du développement est une discipline scientifique qui étudie les processus de changement psychologique et de croissance chez l'individu tout au long de sa vie. Elle s'intéresse notamment aux aspects cognitifs, sociaux, émotionnels et biologiques du développement.

Développement humain

Le développement humain se réfère aux changements psychologiques, biologiques et sociaux qui surviennent chez les individus depuis la conception jusqu'à la fin de leur vie. Il comprend plusieurs stades de développement, tels que la petite enfance, l'enfance, l'adolescence, l'âge adulte et la vieillesse.

Les grandes étapes du développement

Dans ce cours, nous aborderons les grandes étapes du développement psychologique de l'enfant et de l'adolescent. Voici un aperçu des principales étapes que nous étudierons :

- La petite enfance : de la naissance à l'âge de 3 ans, période marquée par des changements majeurs dans les domaines moteur, cognitif et socio-émotionnel.
- L'enfance : de 3 à 12 ans, période caractérisée par le développement de compétences sociales, cognitives et linguistiques.
- L'adolescence : de 12 à 18 ans, période de transition vers l'âge adulte, marquée par des changements physiques, cognitifs, émotionnels et sociaux importants.



Les théories du développement

Dans ce cours, nous étudierons également les différentes théories qui ont été proposées pour expliquer le développement humain. Parmi les théories les plus connues, on retrouve :

- La théorie de Jean Piaget sur le développement cognitif de l'enfant
- La théorie de l'attachement de John Bowlby sur le développement socio-émotionnel
- La théorie de l'identité de Erik Erikson sur le développement de l'identité chez l'adolescent



Résumé

Meacutemento De Psychologie Du Deacuteveloppement Bb Ndeg

Jessica J Manson



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