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# Physical Education McQs By

#### Answer of all mcqs are in the END of the last Question.

- The landing arena of High Jump will be (A) 5x4mts
- (B) 5x5mts
- (C) 5 x 3 mts
- (D) 5 x 6 mts
- 2. Blood is purified in the human body by?
- (A) Carbon dioxide
- (B)Nitrogen
- (C)Oxygen
- (D) Hydrogen
- 3. Name the vitamin which is water soluble
- (A) Vitamin A
- (B) Vitamin B
- (C) Vitamin E
- (D) Vitamin K.
- 4. Salivary gland produces
- (A) Ptyalin
- (B) Adrenal
- (C) Pepsin
- (D) Renin
- 5. Who is responsible for sanitation /cleanliness in schools?
  - (A) Principal
  - (B) Cleaning worker
  - (C) Teacher and students
  - (D) All of the above
- 6. Name the disease which is categorized as psychosomatic disease
- (A) Diabetes
- (B) Asthma
- (C) Tuberculosis
- (D) Small pox
- 7. According to rules, the colour of football goal post is?
- (A) Light yellow

# **Mcqs Health And Physical Education**

**Robert R. Redfield** 

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