



Masas de Cerdo Frita

Masas De Puerco Frito Recipe

Josefina Velázquez de León



Masas De Puerco Frito Recipe:

Yucatán David Sterling, 2014-03-30 Winner James Beard Foundation Best Cookbook of the Year Award 2015 James Beard Foundation Best International Cookbook Award 2015 The Art of Eating Prize for Best Food Book of the Year 2015 The Yucatán Peninsula is home to one of the world's great regional cuisines. With a foundation of native Maya dishes made from fresh local ingredients, it shares much of the same pantry of ingredients and many culinary practices with the rest of Mexico. Yet due to its isolated peninsular location, it was also in a unique position to absorb the foods and flavors of such far-flung regions as Spain and Portugal, France, Holland, Lebanon, and the Levant, Cuba, and the Caribbean, and Africa. In recent years, gourmet magazines and celebrity chefs have popularized certain Yucatecan dishes and ingredients such as *Sopa de lima* and *achiote*, and global gastronomes have made the pilgrimage to Yucatán to tantalize their taste buds with smoky pit barbecues, citrus-based pickles, and fiery chiles. But until now, the full depth and richness of this cuisine has remained little understood beyond Yucatán's borders. An internationally recognized authority on Yucatecan cuisine, chef David Sterling takes you on a gastronomic tour of the peninsula in this unique cookbook *Yucatán Recipes from a Culinary Expedition*. Presenting the food in the places where it's savored, Sterling begins in jungle towns where Mayas concoct age-old recipes with a few simple ingredients they grow themselves. He travels over a thousand miles along the broad Yucatán coast to sample a bounty of seafood, shares the people's food at bakeries, *chicharronerías*, street vendors, home restaurants, and cantinas, and highlights the cooking of the peninsula's three largest cities: Campeche, Mérida, and Valladolid, as well as a variety of pueblos noted for signature dishes. Throughout the journey, Sterling serves up over 275 authentic, thoroughly tested recipes that will appeal to both novice and professional cooks. He also discusses pantry staples and basic cooking techniques and offers substitutions for local ingredients that may be hard to find elsewhere. Profusely illustrated and spiced with lively stories of the region's people and places, *Yucatán Recipes from a Culinary Expedition* is the long-awaited definitive work on this distinctive cuisine. **My Mexico** Diana Kennedy, 2013-10-20 By universal acclaim, Diana Kennedy is the world's authority on the authentic cuisines of Mexico. For decades, she has traveled the length and breadth of the country seeking out the home cooks, local ingredients, and traditional recipes that make Mexican cuisines some of the most varied and flavorful in the world. Kennedy has published eight classic Mexican cookbooks, including the James Beard Award-winning *Oaxaca al Gusto*. But her most personal book is *My Mexico*, a labor of love filled with more than three hundred recipes and stories that capture the essence of Mexican food culture as Kennedy has discovered and lived it. First published in 1998, *My Mexico* is now back in print with a fresh design and photographs ready to lead a new generation of gastronomes on an unforgettable journey through the foods of this fascinating and complex country. *Libro de Cocina Mexicana Para El Hogar Americano : Recetas de la Cocina Mexicana de Cada Región de la República, Adaptadas Para Su Uso en Los Estados Unidos Del Norte Y Las Repúblicas Del Centro Y Sur América* Josefina Velázquez de León, 1961 **Libro de Cocina Mexicana Para El Hogar Americano** Josefina Velázquez de

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