

NAME \_\_\_\_\_ LAB TIME/DATE \_\_\_\_\_

# Articulations and Body Movements

## REVIEW SHEET exercise 13

### Fibrous, Cartilaginous, and Synovial Joints

1. Use key responses to identify the joint types described below.

Key: a. cartilaginous      b. fibrous      c. synovial

- a: cartilaginous 1. typically allows a slight degree of movement
- a: cartilaginous 2. includes joints between the vertebral bodies and the pubic symphysis
- b: fibrous 3. essentially immovable joints
- b: fibrous 4. sutures are the most remembered examples
- a: cartilaginous 5. characterized by cartilage connecting the bony portions
- c: synovial 6. all characterized by a fibrous articular capsule lined with a synovial membrane surrounding a joint cavity
- c: synovial 7. all are freely movable or diarthrotic
- b: fibrous 8. bone regions are united by fibrous connective tissue
- c: synovial 9. include the hip, knee, and elbow joints

2. Describe the structure and function of the following structures or tissues in relation to a synovial joint and label the structures indicated by leader lines in the diagram.

**ligament** Dense fibrous connective tissue; attaches bones

together; reinforces joints

**tendon** Dense fibrous connective tissue; reinforces the

joint capsule as it spans a joint

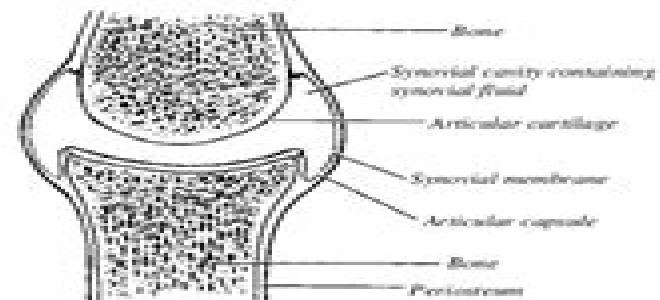
**articular cartilage** Hyaline cartilage; reduces friction where

bones articulate

**synovial membrane** Loose connective tissue; produces

synovial fluid which decreases friction within the joint capsule

**bursa** Fluid-filled synovial sac which cushions the tendon where it crosses the bone



# Joint Articulations Worksheet

**Jianjun Gao**

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the name bar.

## **Joint Articulations Worksheet:**

**Advanced PE and Sport Edexcel Teacher Support Pack** John Hill Honeybourne, Michael Hill, Helen Moors, 2004  
Contains invaluable lesson planning and teacher's notes to help save preparation and marking time outside of lessons  
Activities reinforce learning and provide revision opportunities      **Aquatic Fitness Professional Manual-7th Edition** Aquatic Exercise Association (AEA), 2017-10-12 This is the definitive resource for individuals preparing for the AEA Aquatic Fitness Professional Certification exam and for anyone leading water exercise classes      **Manual of Structural Kinesiology** R. T. Floyd, Clem W. Thompson, 1998 New edition of a classic text workbook for students of physical education or physical therapy  
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**MnM POW Science Class 06** S.K. Gupta, Me n Mine Pullout Worksheets Science is a complete practice material for students in the form of worksheets through which they can revise concepts and identify the areas of improvement  
Assessment of all the topics can be comprehensively done through these sets The series also comprises solved and unsolved practice papers as per latest CBSE syllabus and guidelines Along with the basic exercises the series also comprises various elements of the formative assessment like puzzles crosswords projects etc      *Spinal Cord Medicine, Third Edition* Steven Kirshblum, Vernon W. Lin, 2018-12-28 In this comprehensive clinically directed reference for the diagnosis and treatment of persons with spinal cord injury and related disorders editors of the two leading texts on spinal cord injury SCI medicine have joined together to develop a singular premier resource for professionals in the field Spinal Cord Medicine Third Edition draws on the expertise of seasoned editors and experienced chapter authors to produce one collaborative volume with the most up to date medical clinical and rehabilitative knowledge in spinal cord injury management across the spectrum of care This jointly configured third edition builds on the foundation of both prior texts to reflect the breadth and depth of the specialty Containing 60 state of the art chapters the book is divided into sections covering introduction and assessment acute injury management and surgical considerations medical management neurological and musculoskeletal care rehabilitation recent research advances system based practice and special topics New and expanded content focuses on the significant changes in the epidemiology of traumatic injury the classification of SCI and the latest medical treatments of multiple medical complications In addition chapters discuss new surgical considerations in acute and chronic SCI and the many advances in technology that impact rehabilitation and patients overall quality of life With chapters authored by respected leaders in spinal cord medicine including those experienced in spinal cord injury medicine physical medicine and rehabilitation neurology neurosurgery therapists and researchers this third edition goes beyond either of the prior volumes to combine the best of both and create a new unified reference that defines the current standard of care for the field Key Features Covers all aspects of spinal cord injury and disease with updates on epidemiology of spinal cord injury the classification of spinal cord injury newer methods of surgical intervention post injury updates to medications advances in

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*Configurations Resulting from Imposed Volitional Shoulder Movements in the Handstand* Patricia Ann Beitel,1968

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