Mindfulness (25th anniversary edition) (A Merloyd Lawrence Book)

"Ellies Langer's research changed the fire of psychology... She also made the research scale." Day Viels, author of Predictally American'



Ellen J. Langer

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Mindfulness 25th Anniversary Edition

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Mindfulness 25th Anniversary Edition Book Review: Unveiling the Power of Words

In a global driven by information and connectivity, the power of words has be evident than ever. They have the ability to inspire, provoke, and ignite change. Such could be the essence of the book **Mindfulness 25th Anniversary Edition**, a literary masterpiece that delves deep to the significance of words and their impact on our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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