

# NR546 Midterm Exam 2023/2024 Questions And Answers Update A+

What should the PMHNP consider when prescribing chemical restraints? - Answer--allergy status

-prior med hx for adverse drug reactions r/t the meds ordered in the chemical restraint  
-state regulations regarding chemical restrains must be reviewed

Are the PMHNP and other staff liable if the client has an allergic reaction or adverse side effects to the drugs used for chemical restraint? - Answer-No.

The client has been court-ordered to take the prescribed medications and the standing order for chemical restraints is approved. The PMHNP and other staff are not liable if the patient has an allergic reaction or adverse side effects.

How does reviewing the genetic makeup of a client help guide the PMHNP in selecting medication for clients? - Answer--Genetic testing can assist by providing more information on how clients may respond to certain psychotropic medications

-provides information on how a client may break down and metabolize medications based on the cytochrome P450 system.

Tannikulu and Erbaş (2020) investigated identical twins to determine the presence of an inherited link for schizophrenia and why one twin may develop schizophrenia when the other does not. When two people have 100% identical DNA, why don't both persons develop the exact illnesses? Studies of identical Danish twins found that if one twin had schizophrenia, the other twin had a 50% lifetime risk of developing schizophrenia (Lemvig et al., 2020). Why is there only half the risk? - Answer-Both environmental and psychosocial stressors can impact mental health. Although twins may have identical genes, their gene expression may be different.

There may be an environmental exposure that turned a gene "on" that should have been "off" for one twin to develop schizophrenia and not the other.

central sulcus - Answer-separates the frontal lobe from the parietal lobe

frontal lobe - Answer-associated with movement, intelligence, abstract thinking

broca's area - Answer-speech production

temporal lobe - Answer-involves object identification and auditory signals

cerebellum - Answer-coordination

wernicke's area - Answer-speech comprehension



# Nasm Midterm Exam Answers

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## **Nasm Midterm Exam Answers:**

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Professional Development and Responsibility Practice Questions Detailed Answer Explanations Each section of the test has a comprehensive review that goes into detail to cover all of the content likely to appear on the NASM CPT Exam The practice test questions are each followed by detailed answer explanations If you miss a question it's important that you are able to understand the nature of your mistake and how to avoid making it again in the future The answer explanations will help you to learn from your mistakes and overcome them Understanding the latest test taking strategies is essential to preparing you for what you will expect on the exam A test taker has to not only understand the material that is being covered on the test but also must be familiar with the strategies that are necessary to properly utilize the time provided and get through the test without making any avoidable errors Anyone planning to take the NASM CPT Exam should take advantage of the review material practice test questions and test taking strategies contained in this study guide

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**Duration** The exam is 120 minutes 2 hours long **Number of Questions** There are 120 questions in total Keep in mind that of the 120 questions 20 are unscored These are questions that NASM is testing for potential use on future exams so they do not count toward your final score

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