

Progress Notes for Mental Health Counselors Template

Client Information

John

Doe

12/22/1990

First Name

Last Name

Date of Birth

Date/Time	Progress Note
10/04/2022 9:00 - 9:45am	John reported his feelings of anxiety have reduced in intensity, although he still feels "somewhat anxious pretty much all the time". Spent the session discussing anxiety coping mechanisms including how John can practice replacing anxiety triggers with calming thoughts. John presented neatly and was well groomed. He showed normal awareness of his presenting symptoms. No suicidal ideation present. Compliance with medication is good. Will continue with current treatment plan and weekly sessions.
10/11/2022 9:05 - 9:50am	Session focused on an event at work: John is struggling with feelings of low self-worth, saying he feels like he "isn't good at anything he does". Practiced replacing negative self-talk with positive self-talk. John's feelings of anxiety are associated with low self-esteem. Compliance with medication is good. Insight into anxiety is normal. John will focus on strengthening professional relationships with colleagues. Weekly sessions to continue.
10/18/2022 9:00 - 9:45am	John says he is "enjoying work a bit more". John attended a work event and said it made him feel "better about his relationships". John has demonstrated an improvement with his feelings of low self-esteem. Continue working on this area. John arrived to session promptly and was neatly dressed and well groomed. John's anxiety continues to decrease in intensity. Continue with current treatment plan.
10/25/2022 9:00 - 9:45am	John says he feels "better" but still can't "shake the anxiety feeling". Session focused on identifying causes of anxiety (apart from work). Anxiety may be associated with social relationships. John is struggling to find time to maintain his friendships. John will reach out to friends and organize a social event. Work anxiety has reduced significantly. John is showing improvement. Current treatment plan to continue.
11/01/2022 9:05 - 9:50am	John caught up with a friend and said he opened up about his work-related struggles, saying the conversation made him feel "so much better". John's anxiety at work continues to reduce. He practices replacing negative self-talk with positive self-talk and this appears to be improving his anxiety. Treatment plan will continue, but will reduce therapy sessions to once every fortnight. John will continue focusing on strengthening his relationships with friends, family members, and colleagues.
Counselor Name Dr Jane Example	
Counselor Signature 	

Mental Health Progress Notes

Rachel S Tattersall



Mental Health Progress Notes:

The Adolescent Psychotherapy Progress Notes Planner Arthur E. Jongsma, Jr., Katy Pastoor, David J. Berghuis, Timothy J. Bruce, 2023-09-08 Save hours of time consuming paperwork with the bestselling planning system for mental health professionals The Adolescent Psychotherapy Progress Notes Planner Sixth Edition provides more than 1 000 complete prewritten session and patient descriptions for each behavioral problem in The Adolescent Psychotherapy Treatment Planner Sixth Edition Each customizable note can be quickly adapted to fit the needs of particular client or treatment situation An indispensable resource for psychologists therapists counselors social workers psychiatrists and other mental health professionals working with adolescent clients The Adolescent Psychotherapy Progress Notes Planner Sixth Edition Provides over 1 000 prewritten progress notes describing client presentation and interventions implemented Covers a range of treatment options that correspond with the behavioral problems and current DSM TR diagnostic categories in the corresponding Adolescent Psychotherapy Treatment Planner Incorporates DSM 5 TR specifiers and progress notes language consistent with evidence based treatment interventions Addresses more than 35 behaviorally based presenting problems including social anxiety suicidal ideation conduct disorder chemical dependence bipolar disorder low self esteem ADHD eating disorders and unipolar depression Includes sample progress notes that satisfy the requirements of most third party payors and accrediting agencies including JCOA CARF and NCQA Features new and updated information on the role of evidence based practice in progress notes writing and the status of progress notes under HIPAA [The Counselor's Steps for Progress Notes](#) Rhonda Sutton, 2015-06-21 Dr Rhonda Sutton's second edition of the straightforward guide to progress notes includes additional examples information documentation and clinical language that expands on the utility and readability of the first book Additional case studies provide examples of how to use the STEPs to format notes New chapters include information on clinical language and documentation This book covers everything about progress notes from how to write them to how to store them and even what to do when someone requests to them In addition clinical terms and abbreviations are included as well as suggestions for other clinical documentation such as termination letters privacy statements and professional disclosure statements Suited for all types of mental health clinicians this book will help therapists improve upon their progress notes and other forms of clinical documentation [Mental Health and Psychiatric Nursing](#) Janet L. Davies, Ellen Hastings Janosik, 1991 [The Addiction Progress Notes Planner](#) Arthur E. Jongsma, Jr., David J. Berghuis, 2009-06-05 PracticePlanners The Bestselling treatment planning system for mental health professionals The Addiction Progress Notes Planner Third Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Addiction Treatment Planner Fourth Edition The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 44 behaviorally based presenting problems

including depression gambling nicotine abuse dependence anxiety and eating disorders Features over 1 000 prewritten progress notes summarizing patient presentation themes of session and treatment delivered Provides an array of treatment approaches that correspond with the behavioral problems and DSM IV TRTM diagnostic categories in The Addiction Treatment Planner Fourth Edition Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA Presents new and updated information on the role of evidence based practice in progress notes writing and the special status of progress notes under HIPAA

The OTA's Guide to Writing SOAP Notes Sherry Borcharding, Marie J. Morreale, 2007 Written specifically for occupational therapy assistants The OTA's Guide to Writing SOAP Notes Second Edition is updated to include new features and information This valuable text contains the step by step instruction needed to learn the documentation required for reimbursement in occupational therapy With the current changes in healthcare proper documentation of client care is essential to meeting legal and ethical standards for reimbursement of services Written in an easy to read format this new edition by Sherry Borcharding and Marie J Morreale will continue to aid occupational therapy assistants in learning to write SOAP notes that will be reimbursable under Medicare Part B and managed care for different areas of clinical practice New Features in the Second Edition Incorporated throughout the text is the Occupational Therapy Practice Framework along with updated AOTA documents More examples of pediatrics hand therapy and mental health Updated and additional worksheets Review of grammar documentation mistakes Worksheets for deciphering physician orders as well as expanded worksheets for medical abbreviations Updated information on billing codes HIPAA management of health information medical records and electronic documentation Expanded information on the OT process for the OTA to fully understand documentation and the OTA's role in all stages of treatment including referral evaluation intervention plan and discharge Documentation of physical agent modalities With reorganized and shorter chapters The OTA's Guide to Writing SOAP Notes Second Edition is the essential text to providing instruction in writing SOAP notes specifically aimed at the OTA practitioner and student This exceptional edition offers both the necessary instruction and multiple opportunities to practice as skills are built on each other in a logical manner Templates are provided for beginning students to use in formatting SOAP notes and the task of documentation is broken down into small units to make learning easier A detachable summary sheet is included that can be pulled out and carried to clinical sites as a reminder of the necessary contents for a SOAP note Updated information expanded discussions and reorganized learning tools make The OTA's Guide to Writing SOAP Notes Second Edition a must have for all occupational therapy assistant students This text is the essential resource needed to master professional documentation skills in today's healthcare environment

The Severe and Persistent Mental Illness Progress Notes Planner David J. Berghuis, Arthur E. Jongsma, Jr., 2008-07-10 The flexible format of The Severe and Persistent Mental Illness Progress Notes Planner 2nd Edition enables you to choose between evidence based and traditional best practice treatment

approaches for your patients Fully revised to meet your needs as a mental health professional working in today's long term care facilities this time saving resource will save you hours of time consuming paperwork without sacrificing your ability to develop customized progress notes This guide is organized around 31 behaviorally based issues from employment problems and family conflicts to financial needs and homelessness to intimate relationship conflicts and social anxiety *Note Designer* Patricia C Baldwin, 2016-03-23 This book provides step by step guidelines tips and instruction on how to create and write psychotherapy treatment notes Information and guidance are provided on how to write a treatment intake report treatment progress notes and termination summary A number of sample notes reports and templates are provided The book also includes hundreds of representative statements for therapists to use in the design of their own psychotherapy progress notes A valuable resource for experienced mental health professionals and trainees alike from the creator of Note Designer therapy note writing software A time saving reference to capture the essence and the methods of professional note writing for psychotherapists Easy to apply and great to keep close by when writing reports and progress notes Alexandre Smith Peter Psy D candidate *The Clinical Documentation Sourcebook* Donald E. Wiger, 2009-12-31 All the forms handouts and records mental health professionals need to meet documentation requirements fully revised and updated The paperwork required when providing mental health services continues to mount Keeping records for managed care reimbursement accreditation agencies protection in the event of lawsuits and to help streamline patient care in solo and group practices inpatient facilities and hospitals has become increasingly important Now fully updated and revised the Fourth Edition of The Clinical Documentation Sourcebook provides you with a full range of forms checklists and clinical records essential for effectively and efficiently managing and protecting your practice The Fourth Edition offers Seventy two ready to copy forms appropriate for use with a broad range of clients including children couples and families Updated coverage for HIPAA compliance reflecting the latest The Joint Commission TJC and CARF regulations A new chapter covering the most current format on screening information for referral sources Increased coverage of clinical outcomes to support the latest advancements in evidence based treatment A CD ROM with all the ready to copy forms in Microsoft Word format allowing for customization to suit a variety of practices From intake to diagnosis and treatment through discharge and outcome assessment The Clinical Documentation Sourcebook Fourth Edition offers sample forms for every stage of the treatment process Greatly expanded from the Third Edition the book now includes twenty six fully completed forms illustrating the proper way to fill them out Note CD ROM DVD and other supplementary materials are not included as part of eBook file *The Adult Psychotherapy Progress Notes Planner* Arthur E. Jongsma, Jr., Katy Pastoor, David J. Berghuis, 2021-05-11 The Adult Psychotherapy PROGRESS NOTES PLANNER PracticePlanners THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS Fully revised and updated throughout The Adult Psychotherapy Progress Notes Planner Sixth Edition enables practitioners to quickly and easily create progress notes that completely integrate with a client's treatment

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The Addiction Progress Notes Planner David J. Berghuis, Katy Pastoor, Arthur E. Jongsma, Jr., 2022-05-03 An invaluable practice resource for practitioners engaged in addictions treatment In The Addiction Progress Notes Planner Sixth Edition a team of distinguished mental health professionals delivers complete pre written session and patient presentation descriptions for every behavioral problem in the Addictions Treatment Planner Sixth Edition Each note can be simply and quickly adapted to fit a real world client need or treatment situation while remaining completely unified with the client s treatment plan This new edition offers new and revised evidence based objectives and interventions organized around 46 behavior based presentations including alcoholism nicotine dependence substance abuse problem gambling eating disorders and sexual addictions The resource also offers A wide array of treatment approaches that correspond to the behavioral problems and DSM V diagnostic categories included in the Addiction Treatment Planner Sixth Edition Sample progress notes conforming to the requirements of most third party payors and accrediting agencies including CARF TJC COA and the NCQA Brand new chapters on Opioid Use Disorder Panic Agoraphobia and Vocational Stress The Addiction Progress Notes Planner is an indispensable practice aid for addictions counselors mental health counselors social workers psychologists psychiatrists and anyone else treating clients suffering from addictions

The Beginning Psychotherapist's Companion Jan Willer Ph.D., 2013-08-09 Filling in the gaps from students lack of

experience and confidence The Beginning Psychotherapist's Companion Second Edition is a supportive and empathetic guide addressing real world concerns and providing essential insights not taught in textbooks With a reassuring and clear writing style Willer offers practical suggestions and clinical examples to address the professional development and emotional concerns of the beginning psychotherapist She guides readers through structuring the first session making clinical observations and establishing a therapeutic alliance Through the use of culturally diverse clinical vignettes Willer discusses the foundations of ethical practice including informed consent confidentiality documentation and setting boundaries The reader is guided on how and when to refer clients for medication and other health care Crisis management principles are detailed including suicide and violence risk assessment child abuse elder abuse intimate partner violence and rape Willer also provides professional advice on contemporary concerns such as social networking online searches of clients the psychotherapist's internet presence and other important emerging challenges Comprehensive practical and thoroughly updated The Beginning Psychotherapist's Companion Second Edition is the ideal resource for students and early career psychotherapists

Documentation Survival Handbook for Psychiatrists and Other Mental Health Professionals

Stephen Michael Soreff, Mary Ann McDuffee, 1993 **Health Information - E-Book** Mervat Abdelhak, Sara Grostick, Mary Alice Hanken, 2011-02-07 Following the AHIMA standards for education for both two year HIT programs and four year HIA programs Health Information Management of a Strategic Resource 4th Edition describes the deployment of information technology and your role as a HIM professional in the development of the electronic health record It provides clear coverage of health information infrastructure and systems along with health care informatics including technology applications and security Practical applications provide hands on experience in abstracting and manipulating health information data From well known HIM experts Mervat Abdelhak Sara S Grostick and Mary Alice Hanken this book includes examples from diverse areas of health care delivery such as long term care public health home health care and ambulatory care An e book version makes it even easier to learn to manage and use health data electronically A focus on the electronic health care record helps you learn electronic methods of organizing maintaining and abstracting from the patient health care record Learning features include a chapter outline key words common abbreviations and learning objectives at the beginning of each chapter and references at the end Unique Availability in the e book format helps you in researching abstracting and managing data electronically A study guide on the companion Evolve website includes interactive exercises and cases containing real life medical records letting you apply what you've learned from the book and in the classroom Evolve logos within the textbook connect the material to the Evolve website tying together the textbook student study guide and online resources Well known and respected authors include Mervat Abdelhak and Mary Alice Hanken past presidents of the American Health Information Management Association AHIMA and Sara S Grostick a 2007 AHIMA Triumph Award winner for excellence in education Self assessment quizzes test your learning and retention with answers available on the companion Evolve website Did You Know

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The Child Psychotherapy Progress Notes Planner David J. Berghuis, L. Mark Peterson, William P. McInnis, Arthur E. Jongsma, Jr., 2014-06-16 Save hours of time consuming paperwork The Child Psychotherapy Progress Notes Planner Fifth Edition contains complete prewritten session and patient presentation descriptions for each behavioral problem in the Child Psychotherapy Treatment Planner Fifth Edition The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 35 main presenting problems from academic underachievement and obesity to ADHD anger control problems and autism spectrum disorders Features over 1 000 prewritten progress notes summarizing patient presentation themes of session and treatment delivered Provides an array of treatment approaches that correspond with the behavioral problems and DSM 5 diagnostic categories in The Child Psychotherapy Treatment Planner Fifth Edition Offers sample progress notes that conform to the requirements of most third party payors and accrediting agencies including CARF TJC and NCQA Presents new and updated information on the role of evidence based practice in progress notes writing and the special status of progress notes under HIPAA

Handbook of Clinical Psychology in Medical Settings Christine M. Hunter, Christopher L. Hunter, Rodger Kessler, 2014-06-30 Growing recognition of the role of behavioral health in overall health the rise of health psychology the trend toward interdisciplinary medicine any number of factors have made clinical psychology an integral part of integrative care Its applicability to the range of specialties populations and levels of care adds to its increasing necessity in diverse healthcare settings The Handbook of Clinical Psychology in Medical Settings emphasizes evidence based care and practical strategies for hands on work with patients while illuminating the unique aspects of the practice of psychology within medical settings Skills are examined in depth for more effective work with patients more efficient teamwork with colleagues and better functioning within medical settings whether readers are involved in primary secondary or tertiary care or prevention Chapters also focus on ethical legal and financial issues as well as changes needed in training programs to ensure that the field keeps up with the evolution of care systems and service delivery Included in the Handbook's forward looking coverage Psychology and population health Core competencies for success in medical settings Evidence based practice and practice based evidence Marketing health psychology both within and outside the medical setting Competency for diverse populations Plus chapters devoted to specific specialties and settings from cardiology to women's health Comprehensive yet highly readable the Handbook of Clinical Psychology in Medical Settings is a practice building resource for health psychologists clinical psychologists and primary care physicians

The Severe and Persistent Mental Illness Progress Notes Planner David J. Berghuis, Arthur E. Jongsma, Jr., 2002-12-09 This timesaving resource features Progress notes components for 25 behaviorally based presenting problems that correlate with

The Severe and Persistent Mental Illness Treatment Planner Over 1 000 prewritten progress notes describing client presentation and interventions implemented Prewritten progress notes that can be quickly adapted to fit a particular client need or treatment situation The Severe and Persistent Mental Illness Progress Notes Planner contains complete prewritten session and patient presentation descriptions for each behavioral problem in The Severe and Persistent Mental Illness Treatment Planner The prewritten progress notes can be easily and quickly adapted to fit a particular client need or treatment situation Saves you hours of time consuming paperwork yet offers the freedom to develop customized progress notes Organized around 25 main presenting problems that range from antisocial behavior and eating disorders to anxiety substance abuse gambling and others Features over 1 000 prewritten progress notes summarizing patient presentation themes of session and treatment delivered Provides an array of treatment approaches that correspond with the behavioral problems and DSM IV diagnostic categories in The Severe and Persistent Mental Illness Treatment Planner Offers sample progress notes that conform to the requirements of most third party payers and accrediting agencies including the JCAHO and the NCQA

Mania and Marjorie Diehl-Armstrong Jerry Clark,Ed Palattella,2017-09-22 Marjorie Diehl Armstrong as one judge described her was a coldly calculated criminal recidivist and serial killer She had experienced a lifetime of murder mayhem and mental illness She killed two boyfriends including one whose body was stuffed in a freezer And she was convicted in one of the Federal Bureau of Investigation s strangest cases the Pizza Bomber case in which a pizza deliveryman died when a bomb locked to his neck exploded after he robbed a bank in 2003 near Erie Pennsylvania Diehl Armstrong s hometown Diehl Armstrong s life unfolded in an enthralling portrait a fascinating interplay between mental illness and the law As a female serial killer Marjorie Diehl Armstrong was in a rare category In the early 1970s she was a high achieving graduate student pursuing a career in education but suffered from bipolar disorder Before her death she was sentenced to serve life plus thirty years in federal prison In Mania and Marjorie Diehl Armstrong Jerry Clark and Ed Palattella examine female serial killers by focusing on the fascinating and tragic life of one woman This book also explores mental illness and forensic psychology and provides a history of how American jurisprudence has grappled with such complex and controversial issues as the insanity defense and mental competency to stand trial The authors account shows why Marjorie Diehl Armstrong was unlike any other criminal man or woman in American history Accounts of Diehl Armstrong s travails her difficult childhood her murder trials her hoarding are interpolated with chapters about mental disorders and the law

The Adolescent Psychotherapy Progress Notes Planner David J. Berghuis,L. Mark Peterson,William P. McInnis,Arthur E. Jongsma, Jr.,2011-02-10 As with the previous edition The Adolescent Psychotherapy Progress Notes Planner Third Edition helps mental health practitioners reduce the amount of time spent on paperwork by providing a full menu of pre written progress notes that can be easily and quickly adapted to fit a particular patient need or treatment situation

deSanchez v. Department of Mental Health, 455 MICH 83 (1997) ,1997 101591

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Health Therapists Maelisa McCaffrey, 2024-10-22

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