

# National Cholesterol Education Program Cholesterol Guidelines

	Desirable	Borderline High	High
<b>Total Cholesterol</b>	Less than 200	200 - 239	240 and higher
<b>LDL Cholesterol</b> [ The "bad" Cholesterol ]	Less than 130	130 - 159	160 and higher
<b>HDL Cholesterol</b> [ The "good" Cholesterol ]	50 and higher	40 - 49	Less than 40
<b>Triglycerides</b>	Less than 200	200 - 399	400 and higher

# National Cholesterol Education Program Guidelines 2011

**Nader Rifai**



## **National Cholesterol Education Program Guidelines 2011:**

**Bates' Guide to Physical Examination and History-Taking** Lynn Bickley, Peter G. Szilagyi, 2012-11-01 With the 11th edition focus turns back to the student in nurse practitioner physician's assistant and medical programs The text continues to be a trusted reference for nursing and medical students as well as practitioners The art program has been revised to bring greater consistency and currency to the illustrations Many photographs particularly those depicting skin conditions are being replaced with newer photos of higher quality The well respected and highly useful layout and organization of the book are retained Each chapter has been reviewed and revised to keep the text up to date The following features long admired among dedicated Bates users are also retained Detailed beautifully depicted Tables of Abnormalities Extensive Pediatric chapter Illustrated Anatomy and Physiology review begins each chapter Important information on Interviewing Techniques and Patient Communication Outstanding line art program Two column format as guide for physical assessment Useful Clinical tips throughout The ancillary assets are also being updated to redirect the focus toward higher level nursing students and medical students

**Johns Hopkins HIV Guide 2012** Joel E. Gallant, 2012-03-09 Based on the same award winning content as the Johns Hopkins POC IT Center online database The Johns Hopkins HIV Guide 2012 is the most up to date HIV treatment and management resource on the market Written by Dr Joel E Gallant world renowned expert in the field of HIV and infectious disease this concise and well organized medical reference is broken down into several modules including Diagnosis and Evaluation Treatment Options Resistance and Complications Prophylaxis and Antiretroviral Drug Summaries Johns Hopkins HIV Guide 2012 contains the most current relevant and evidence based information on HIV and AIDS Selected topics include Antiretroviral Therapy Adverse Effects HIV Antibody Testing Important Genotype Resistant Patterns Musculoskeletal and Neurologic Complications HIV Infection and Pregnancy Drug Resistance Mutations in HIV and more

*ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription* David P. Swain, ACSM, Clinton A. Brawner, 2012-12-26 ACSM's Resource Manual for Guidelines for Exercise Testing and Prescription was created as a complement to ACSM's Guidelines for Exercise Testing and Prescription and elaborates on all major aspects of preventative rehabilitation and fitness programs and the major position stands of the ACSM The 7th edition provides information necessary to address the knowledge skills and abilities set forth in the new edition of Guidelines and explains the science behind the exercise testing and prescription ACSM's Resource Manual is a comprehensive resource for those working in the fitness and clinical exercise fields as well as those in academic training

*ACSM's Health-Related Physical Fitness Assessment Manual* American College of Sports Medicine, 2013-01-21 From the American College of Sports Medicine ACSM this text provides the information necessary to develop skills for assessing an individual's health related physical fitness It provides a practical how to do it approach for performing assessment skills effectively and an understanding of the theory behind and the importance of each skill or assessment The Fourth Edition includes updated references to ACSM's Guidelines

for Exercise Testing and Prescription Ninth Edition more diagrams and pictures highlighting assessment techniques and new material on physical activity assessments considerations for medication usage and common measurement errors A companion Website includes an Image Collection a Test Generator and PowerPoint Slides Critical Care Nursing - E-Book Linda D. Urden, Kathleen M. Stacy, Mary E. Lough, 2013-04-26 Praised for its comprehensive coverage and clear organization Critical Care Nursing Diagnosis and Management 7th Edition is the go to critical care nursing text for both practicing nurses and nursing students preparing for clinicals Nine sections highlight the alterations seen in critical care and make it easy to understand the unique challenges of critical care nursing An abundance of learning tools such as Patient Safety Alerts Evidence Based Practice boxes NIC interventions case studies Pharmacologic Management boxes and more give you a better understanding of clinical practice and help you reference vital information quickly and easily Consistent organization within each body system unit allows you to use this book as a one stop resource for your critical care nursing education as well as a reference for the relevant assessment techniques lab values and patient management principles needed by practicing nurses Evidence Based Practice boxes reinforce practice guidelines for both collaborative and nursing care Case studies in each chapter help you internalize and apply chapter content to clinical situations Pharmacologic Management tables offer quick summaries of the drugs most often used in critical care Patient Safety Alerts provide key information for special safety issues to keep safety in the forefront of your mind Nursing Management Plans of Care appendix provides detailed clinically relevant care plans tied to 35 different NANDA nursing diagnoses Highlighted QSEN content makes it easy to identify QSEN competencies as they relate to critical care nursing Internet Resources box provides a list of key websites from leading organizations in critical care Combined chapter on shock sepsis and multiple organ dysfunction syndrome makes understanding similar physiologic processes easier Chapter summaries provide quick study guides by organizing key information in the chapter New 6 second standard ECG strips help you learn to identify wave forms and accurately reflect what you ll use in practice New equipment information and photos accurately depicts what you ll encounter in a modern critical care unit Critical Care Nursing, Diagnosis and Management, 7 Linda Diann Urden, Kathleen M. Stacy, Mary E. Lough, 2013-05-01 Praised for its comprehensive coverage and clear organization Critical Care Nursing Diagnosis and Management is the go to critical care nursing text for both practicing nurses and nursing students preparing for clinicals

**Encyclopedia of Pharmacy Practice and Clinical Pharmacy**, 2019-06-28 Encyclopedia of Pharmacy Practice and Clinical Pharmacy Three Volume Set covers definitions concepts methods theories and applications of clinical pharmacy and pharmacy practice It highlights why and how this field has a significant impact on healthcare The work brings baseline knowledge along with the latest most cutting edge research In addition new treatments algorithms standard treatment guidelines and pharmacotherapies regarding diseases and disorders are also covered The book s main focus lies on the pharmacy practice side covering pharmacy practice research pharmacovigilance pharmacoeconomics social and

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**Care in Patients With HIV** Merle Myerson, Marshall J. Glesby, 2019-03-15 This book provides the most current overview of the evaluation and management of cardiovascular disease in people living with HIV AIDS The text assesses the risk factors associated with cardiovascular disease in HIV AIDS patients and explores the most cutting edge ways to diagnose and treat the specific diseases that are most common for people living with HIV This text takes a well rounded multidisciplinary approach that considers infectious disease and HIV specialists who may have little familiarity with the diagnosis and management of manifest CVD or risk factors as well as those in remote areas where providers may have little or no infrastructure to support optimal care for their patients The text also serves cardiovascular specialists who may not have the expertise in HIV care to meet the unique needs of these patients Cardiovascular Care for the Patient Living with HIV is the ultimate resource for not only all infectious disease and HIV specialists but also for cardiologists neurologists vascular surgeons general practitioners nurse practitioners physician s assistants and all other medical professionals who care for people living with HIV      *Varney's Midwifery* Tekoa L. King, Mary C. Brucker, Jan M. Kriebs, Jenifer O. Fahey, 2013-10-21

Important Notice The digital edition of this book is missing some of the images or content found in the physical edition The gold standard for midwives and students is back with Varney s Midwifery Fifth Edition New to this edition are chapters describing the profession of midwifery reproductive physiology clinical genetics and support for women in labor Interwoven throughout is information on primary care gynecology maternity care and neonatal care With chapters written by a variety of expert midwives and an increased emphasis on reproductive anatomy and physiology this new edition assists students and clinicians in understanding not only what to do but why Updated to reflect evidence based care this edition also discusses the pathophysiology of various conditions in the context of normal changes in the reproductive cycle Also included are numerous new anatomical and clinical illustrations      **Tietz Textbook of Clinical Chemistry and Molecular Diagnostics - E-Book**

Nader Rifai, 2017-01-16 The Tietz Textbook of Clinical Chemistry and Molecular Diagnostics 6th Edition provides the most current and authoritative guidance on selecting performing and evaluating the results of new and established laboratory tests This classic clinical chemistry reference offers encyclopedic coverage detailing everything you need to know including

analytical criteria for the medical usefulness of laboratory tests variables that affect tests and results laboratory medicine applications of statistical methods and most importantly clinical utility and interpretation of laboratory tests It is THE definitive reference in clinical chemistry and molecular diagnostics now fully searchable and with quarterly content updates podcasts clinical cases animations and extended content online through Expert Consult Analytical criteria focus on the medical usefulness of laboratory procedures Reference ranges show new approaches for establishing these ranges and provide the latest information on this topic Lab management and costs gives students and chemists the practical information they need to assess costs allowing them to do their job more efficiently and effectively Statistical methods coverage provides you with information critical to the practice of clinical chemistry Internationally recognized chapter authors are considered among the best in their field Two color design highlights important features illustrations and content to help you find information easier and faster NEW Internationally recognized chapter authors are considered among the best in their field NEW Expert Consult features fully searchable text quarterly content updates clinical case studies animations podcasts atlases biochemical calculations multiple choice questions links to Medline an image collection and audio interviews You will now enjoy an online version making utility of this book even greater UPDATED Expanded Molecular Diagnostics section with 12 chapters that focus on emerging issues and techniques in the rapidly evolving and important field of molecular diagnostics and genetics ensures this text is on the cutting edge and of the most value NEW Comprehensive list of Reference Intervals for children and adults with graphic displays developed using contemporary instrumentation NEW Standard and international units of measure make this text appropriate for any user anywhere in the world NEW 22 new chapters that focus on applications of mass spectrometry hematology transfusion medicine microbiology biobanking biomarker utility in the pharmaceutical industry and more NEW Expert senior editors Nader Rifai Carl Wittwer and Rita Horvath bring fresh perspectives and help ensure the most current information is presented UPDATED Thoroughly revised and peer reviewed chapters provide you with the most current information possible Wisconsin Diabetes Mellitus Essential Care Guidelines, 2011 **Basic and Clinical Pharmacology 12/E** Bertram G. Katzung, Susan Masters, Anthony Trevor, 2012-01-03 Looks at the essential concepts in the science of pharmacology and its application to clinical practice *Pharmacotherapy Principles and Practice, Third Edition* Marie Chisholm-Burns, Terry Schwinghammer, Barbara G. Wells, Patrick Malone, Joseph T. DiPiro, 2013-03-08 Learn the essential principles of pharmacotherapy and how they apply to today's healthcare Pharmacotherapy Principles Practice Third Edition uses a solid evidence based approach to teach you how to design implement monitor and evaluate medication therapy This trusted text provides everything you need to gain an in depth understanding of the principles essential optimal pharmacotherapy of disease In order to be as clinically relevant as possible the disease states and treatments discussed focus on disorders most often seen in clinical practice Chapters were written or reviewed by pharmacists nurse practitioners physician assistants and physicians who are authorities in their fields The book

opens with an introductory chapter followed by chapters on pediatrics geriatrics and palliative care The remainder of the text consists of ninety eight disease based chapters that review etiology epidemiology pathophysiology and clinical presentation followed by therapeutic recommendations for drug selection dosing and patient monitoring *Pharmacotherapy Principles and Practice, Third Edition* Joseph DiPiro, 2013-01-23 Pharmacotherapy Principles Practice pares back the exhaustive coverage of Pharmacotherapy A Pathophysiologic Approach 7 e by over 1 000 pages to topics and a depth of coverage the editors have identified as essential to pharmacy practice Collectively this textbook represents the work of over 160 authors and 145 reviewers Williams Gynecology, Second Edition Barbara Hoffman, John Schorge, Joseph Schaffer, Lisa Halvorson, Karen Bradshaw, F. Cunningham, 2012-04-12 The only gynecology resource that combines a full color text and a procedural atlas revised and updated Part medical text part surgical atlas Williams Gynecology is written by the renowned team of ob gyn clinicians at Dallas Parkland Hospital who are responsible for the landmark Williams Obstetrics The new edition of Williams Gynecology maintains the consistent tone leading edge clinical insights and quality illustrations of the successful first edition while expanding and refreshing its content to keep pace with the most recent developments in this dynamic field The many important topics covered in Williams Gynecology are evidence based yet the book is specifically designed as a practical quick reference guide aided throughout by helpful teaching points Reflecting the latest clinical perspectives and research the second edition features outstanding new coverage of minimally invasive procedures robotics and gynecologic anatomy Features Two resources in one full color medical text and surgical atlas conveniently surveys the entire spectrum of gynecologic disease including general gynecology reproductive endocrinology and infertility urogynecology and gynecologic oncology Atlas of gynecologic surgery contains 450 figures that illustrate operative techniques Unique consistent text design for an efficient approach to diagnosis and treatment Strong procedure orientation covers a vast array of surgical operations which are illustrated in detail Evidence based discussion of disease evaluation reinforces and supports the clinical relevance of the book s diagnostic and treatment methods Distinguished authorship from the same Parkland Hospital based team which edited Williams Obstetrics the leading reference in obstetrics for more than a century Newly illustrated gynecologic anatomy chapter created with the surgeon in mind to emphasize critical anatomy for successful surgery New coverage of minimally invasive procedures and robotics the latest procedures in gynecologic oncology and in vitro fertilization Numerous illustrations photographs tables and treatment algorithms *Case Files Family Medicine, Third Edition* Eugene Toy, Donald Briscoe, Bruce Britton, 2012-04-22 Sixty high yield family medicine cases help you sharpen your diagnostic and problem solving skills You need exposure to high yield cases to excel on the family medicine clerkship and the shelf exam Case Files Family Medicine presents sixty real life cases that illustrate essential concepts Each case includes complete discussion clinical pearls references definitions of key terms and USMLE style review questions with detailed explanations of the correct answers With this system you ll learn in the context of real patients rather than merely

memorize facts      *The Canadian Journal of Cardiology* ,2003      **Pharmacotherapy Principles and Practice, Fourth Edition** Marie A. Chisholm-Burns,Terry L. Schwinghammer,Barbara G. Wells,Patrick M. Malone,Joseph T. DiPiro,Jill M. Kolesar,2015-12-22 Learn the essential principles of pharmacotherapy and how they apply to today s healthcare Content derived from Pharmacotherapy A Pathophysiologic Approach 8e the field s most respected reference Chapters will be peer reviewed by both nurse practitioners and pharmacy professors Easy to follow disorder based organization surveys the full range of organ system disorders treated in pharmacy practice An online learning center includes self assessment questions and answers Pharmacotherapy Principles key concepts indicated with numbered icons patient care and monitoring guidelines knowledge building boxed features within chapters consisting of Clinical Presentation a standardized chapter format a glossary of terms and much more      Hurst's the Heart, 14th Edition: Two Volume Set Valentin Fuster,Robert A. Harrington,Jagat Narula,Zubin J. Eapen,2017-03-22 Cardiology s cornerstone text thoroughly updated to reflect the latest clinical perspectives and cutting edge topics Hailed for its authority currency and ability to translate the latest technical and clinical advances into clinical application Hurst s The Heart is the field s landmark text and cardiology s longest continuously published reference text A previous edition of this trusted classic was described by Doody s as an outstanding choice for those who strive for a firm foundation in cardiovascular medicine as well as an up to date and user friendly source that addresses every discipline in the field Readers will find succinct visually appealing summaries of all the major new trials and guidelines along with tips for optimizing outcomes and health quality The Fourteenth Edition has been completely updated to reflect the latest technical therapeutic and clinical advances while still maintaining a strong focus on patient care Other enhancements include the addition of textual features such as Practice Points Common Clinical Questions and an increased number of the acclaimed Hurst s diagrams NEW TO THIS EDITION Section on Metabolic Disorders and Cardiovascular Disease Cigarette Smoking and Cardiovascular Disease Enhanced by more than 1 500 full color illustrations and more than 500 tables Brand new chapters include Arrhythmogenic Cardiomyopathy Ischemic Mitral Regurgitation Degenerative Mitral Valve Disease Left Ventricular Noncompaction Evaluation and Management of Acute Heart Failure Carotid Artery Stenting Race Ethnicity and Cardiovascular disease The only comprehensive cardiology reference to publish every 2 5 years to allow for reporting of the latest trials and guidelines      *CURRENT Diagnosis & Treatment in Family Medicine, 4th Edition* Jeannette E. South-Paul,Samuel C. Matheny,Evelyn L. Lewis,2015-03-13 Provide continuous comprehensive care of patients throughout their lifetimes with this evidence based guide A Doody s Core Title for 2019 Organized according to the developmental lifespan beginning with childhood and adolescence and progressing through adulthood and senior years Evidence based recommendations Conservative and pharmacologic therapies Complementary and alternative therapies when relevant Suggestions for collaborations with other healthcare providers Attention to the mental and behavioral health of patients as solitary as well as comorbid conditions Recognition of impact of illness on the family Patient education



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