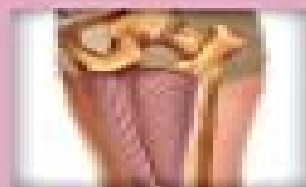
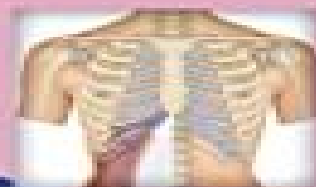


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de manera detallada y por primera vez las cadenas o meridianos miofasciales por donde discurre la fuerza o tensión a lo largo del cuerpo y sus efectos sobre todo el organismo. El autor, avalado por 30 años de experiencia profesional y docencia, tiene por objetivo ampliar el campo de visión y conocimiento sobre la función de la fascia y las implicaciones y aplicaciones de las vías anatómicas, así como la interrelación entre las partes y el todo en lo que concierne al aparato locomotor: articulaciones, ligamentos, músculos, etc., asegurando un enfoque actualizado de la fascia, elemento olvidado durante mucho tiempo en el estudio del movimiento. Escrito en un estilo accesible que permite la fácil comprensión y aplicación del contenido, el libro viene a confirmar las teorías existentes sobre la función de las fascias o aponeurosis sobre la biomecánica y la disfunción musculoesquelética. El texto consta de múltiples direcciones web donde ampliar la materia. El DVD que acompaña a este libro proporciona material adicional como videos e imágenes sobre las técnicas y disecciones descritas gráficamente de las vías anatómicas generados por ordenador y más fotografías de pacientes para practicar la evaluación visual. Esta segunda edición incluye numerosas actualizaciones y correcciones producto de la práctica y la docencia continuada, así como los primeros resultados de las disecciones iniciadas tras la primera edición y algunos de los últimos descubrimientos realizados en el campo de las fascias y las miofascias desde la primera publicación. La obra se beneficia de la adición de color a la iconografía y de un diseño a todo color que permite el acceso a la información mediante un código cromático lo que posibilita acceder rápidamente a los conceptos más relevantes para el lector que dispone de poco tiempo o un análisis detallado para el más curioso. El libro incluye más de 500 ilustraciones y fotografías; 140 son nuevas sobre los meridianos miofasciales y sobre las directrices para descubrir nuevos meridianos, así como detallados cuadros y dibujos y nuevos apéndices sobre Integración estructural y Meridianos miofasciales y medicina oriental. Dirigida a profesionales de Fisioterapia, Osteopata, Bodywork, yoga, pilates, entrenadores personales, etc., y a estudiantes de Fisioterapia, INEF, Escuelas de Osteopata, Escuelas de Masaje, Escuelas de Yoga, Pilates. Libro de gran actualidad e innovador diseño en color sobre anatomía miofascial locomotora que muestra de forma detallada y por primera vez las cadenas o meridianos miofasciales por donde discurre la fuerza o tensión a lo largo del cuerpo. Escrito en un estilo accesible que permite la fácil comprensión y aplicación del contenido, el libro viene a confirmar las teorías existentes sobre la función de las fascias o aponeurosis sobre la biomecánica y la disfunción musculoesquelética. Esta segunda edición, muy visual e ilustrada, incluye numerosas actualizaciones y correcciones producto de la práctica y la docencia continuada del autor, avalado por sus 30 años de experiencia profesional y docencia. Además se acompaña de un DVD-ROM que contiene videos sobre las técnicas y vías descritas, así como animaciones de ordenador.

Myers, T.W., *Vías anatómicas + DVD*, 2a ed.

Thomas W. Myers, 2010. Segunda edición de esta obra de gran actualidad y renovado diseño que ofrece un nuevo enfoque acerca de la anatomía miofascial mostrando de manera detallada y por primera vez las cadenas o meridianos miofasciales por donde discurre la fuerza o tensión a lo largo del cuerpo y sus efectos sobre todo el organismo. El autor, avalado por 30 años de experiencia profesional y docencia, tiene por objetivo ampliar el campo de visión y conocimiento sobre la función de la fascia y



las implicaciones y aplicaciones de las v as anat micas as como la interrelaci n entre las partes y el todo en lo que concierne el aparato locomotor articulaciones ligamentos m sculos etc asegurando un enfoque actualizado de la fascia elemento largamente olvidado en el estudio del movimiento Escrito en un estilo accesible que permite la f cil comprensi n y aplicaci n del contenido el libro viene a confirmar las teor as existentes sobre la funci n de las fascias o aponeurosis sobre la biomec nica y la disfunci n m sculo esquel tica El texto consta de m ltiples direcciones web donde ampliar la materia El DVD que acompa a a este libro proporciona material adicional como v deos e im genes sobre las t cnicas y disecciones descritas gr ficos de las v as anat micas generados por ordenador y m s fotograf as de pacientes para practicar la evaluaci n visual Esta segunda edici n incluye numerosas actualizaciones y correcciones producto de la pr ctica y la docencia continuada as como los primeros resultados de las disecciones iniciadas tras la primera edici n y algunos de los ltimos descubrimientos realizados en el campo de las fascias y las miofascias desde la primera publicaci n La obra se beneficia de la adici n de color a la iconograf a y de un dise o a todo color que permite el acceso a la informaci n mediante un c digo crom tico lo que posibilita llegar r pidamente a los conceptos m s relevantes para el lector que dispone de poco tiempo o un an lisis detallado para el m s curioso El libro incluye m s de 500 ilustraciones y fotograf as 140 son nuevas sobre los meridianos miofasciales y sobre las directrices para descubrir nuevos meridianos as como detallados cuadros y dibujos y nuevos ap ndices sobre Integraci n estructural y Meridianos misfasciales y medicina oriental Dirigida a profesionales de Fisioterapia Osteopat a Bodywork yoga Pilates entrenadores personales etc y a estudiantes de Fisioterapia INEF Escuelas de Osteopat a Escuelas de Masaje Escuelas de Yoga Pilates      **Books In Print 2004-2005** Ed Bowker Staff,Staff Bowker, Ed,2004

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