

Med Surg Exam 3 Study Guide

Cardiac

Week 1

Blood Pressure

- The pressure of circulating blood against the walls of blood vessels, most of the pressure results from the heart pumping blood through the circulatory system
- TOD is damage to the heart, eyes, or kidneys caused by HTN

Normal BP: Less than 120/80

Elevated: 120-129 / less than 80

Stage 1 HTN: 130-139 / 80-89

Stage 2 HTN: 140 or higher / 90 or higher

Hypertensive Crisis (consult doctor immediately): higher than 180 / higher than 120

Hypertension

Risk Factors:

- **Race** (African American males)
- Increased ETOH or sodium
- **Smoking / Stress**
- **K⁺** levels are LOW (sodium potassium balance)
- **Family history**
- **Age** (middle/older)
- **Cholesterol HIGH**
- Too much caffeine
- **Obese / diabetic**
- **Restricted activity**
- **Sleep apnea**

Med Surg Cardiac Study Guide

**Adrianne Dill Linton, Mary Ann
Matteson**



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Linton, Mary Ann Matteson, 2022-05-05 Questions arranged by level of difficulty move from simple recall to more difficult exercises designed to help you apply analyze and synthesize basic concepts Alternate format questions include multiple response labeling prioritizing ordering and calculation questions to help you practice for the NCLEX PN Review questions on care for older adults focus on long term care and community based settings asking you to apply content to real world practice Additional review questions are provided on the Evolve website for the textbook NEW Next Generation NCLEX format questions help you review and practice for the new licensure examination NEW Case studies in the clinical chapters allow you to develop skills in clinical judgment NEW Updated exercises and review questions match the new content in the textbook and cover newly approved pharmaceutical treatments and drugs

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Medical-Surgical Nursing E-Book Adrienne Dill Linton, Mary Ann Matteson, 2019-02-13 Gain the knowledge and skills you need to effectively care for adult patients Medical Surgical Nursing 7th Edition covers both medical surgical and psychiatric mental health conditions and disorders while building on the fundamentals of nursing This essential text focuses on nursing roles settings trends body systems and their disorders and emergency and disaster management Unique to this edition is the gerontologic nursing unit which addresses physiologic and psychosocial changes in the older adult along with related disorders common to the elder patient the primary patient group population you ll encounter in practice It also emphasizes culturally competent care and holistic nursing while thoroughly covering all relevant NCLEX PN test plan content With updated guidelines on diabetes heart failure asthma COPD and cancer treatment protocols no other resource offers the breadth of topics at a level that is so perfectly tailored to the LPN LVN student UNIQUE Gerontologic nursing unit covers physiologic and psychosocial changes in the older adult along with related disorders common to the elder patient the primary patient group for whom LPNs provide care UNIQUE In depth pharmacology coverage includes the Pharmacology Tutorial covering drug classifications how drugs work and nursing responsibilities Pharmacology Capsules boxes providing medication information precautions for use interactions and side adverse effects and Pharmacology and Medications tables including classification use action side adverse effects and nursing interventions Nursing care plans reinforce the nursing process and focus on critical thinking Get Ready for the NCLEX PN Examination sections at the end of chapters include key points review questions and case studies that address the various NCLEX Client Needs categories Coordinated Care boxes highlight team approach to patient care helping you to prioritize tasks and assign them safely to assistive personnel Patient Teaching Plans provide bulleted lists of nursing instructions for patients stressing the role and responsibility of the LPN LVN to reinforce patient education Health Promotion Considerations boxes highlight timely wellness and disease prevention topics Cultural Considerations boxes discuss the importance of providing culturally competent care related to various clinical situations Put on Your Thinking Cap boxes allow you to pause and consider the practical implications of what you have just read Nutritional Considerations boxes are spotlighted at appropriate points throughout the text to emphasize the role that nutrition plays in disease and nursing care Complementary and Alternative Therapies focus on nontraditional therapies along with precautions and possible side effects Key terms with phonetic pronunciations help improve terminology and language skills of English as a Second Language ESL students and students with limited proficiency in English before they enter clinical practice

Medical-Surgical Nursing E-Book Holly K. Stromberg, 2021-12-13 Build skills in clinical judgment and prepare for the Next Generation NCLEX PN examination Medical Surgical Nursing Concepts and Practice 5th Edition provides a solid foundation in nursing concepts and skills essential to the LPN LVN role Complete coverage of common adult medical surgical conditions includes all body systems and their disorders addressing patient care in a variety of settings Special attention is given to care of older adults those with chronic illnesses and residents in long term care settings Written

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findings investigations treatment and a brief discussion of pathophysiology This Sixth Edition is thoroughly updated and includes extensively revised chapters on catheter ablation of tachyarrhythmias myocardial infarction new devices for coronary revascularization and anticoagulant and antiplatelet agents *Advanced Cardiac Life Support* Richard O. Cummins,1997 Congestive Heart Failure and Cardiac Impedance Michael C. Ritola,1977 The International Journal of Surgery ,1910 **Magill's Medical Guide** Anne Chang,2008 Covers diseases disorders treatments procedures specialties anatomy biology and issues in an A Z format with sidebars addressing recent developments in medicine and concise information boxes for all diseases and disorders *Emergency Management of Cardiovascular Disease* Richard Aghababian,1994 Emergency care professionals are challenged to gather all available data during a relatively short period of time during which stabilization of the patient is underway and specific treatment modalities are being considered This handbook is designed to help optimize patient care by serving as a reference of the underlying pathophysiologic processes that produce the patient s symptoms Each chapter reviews the points that are key to the recognition and management of the common types of cardiovascular emergencies Medical-surgical Nursing Across the Health Care Continuum Donna D. Ignatavicius,M. Linda Workman,Mary A. Mishler,1999 The 3rd Edition of this acclaimed text has been thoroughly revised to reflect care provided in multiple healthcare settings and the changing nature of medical surgical nursing care This New Edition maintains the features which helped it to earn its reputationnursing process framework learning aids collaborative approach and comprehensive pathophysiologyand incorporates an all new fulldesign International Journal of Medicine and Surgery ,1910 **Cardiovascular Emergencies** Watts R. Webb,Morris D. Kerstein,1987 *The Medical Times and Gazette* ,1883 **The Lancet** ,1885 *Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiac Care* American Heart Association,1992 **Hospital Physician** ,1993

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