

MEDICAL TERMINOLOGY: JOINTS & LIGAMENTS

SPEEDY STUDY GUIDES

Terms	Definition
Acetabulum	The curve-shaped cavity on the side of the hip bone into which the thigh bone fits.
Achilles tendon	A tough sinew that attaches the calf muscle to the back of the heel bone.
Acute care	Treatment of a severe medical condition that is of short duration and at a crisis level.
ACL	See Anterior cruciate ligament.
ADL	Activities of daily living.
Alberta Health Services (AHS)	The administrative body responsible for delivering health care services to Albertans. Alberta Health Services, or AHS, was formed in 2009 when the 9 former health authorities and 3 provincial boards were consolidated into a single, provincial organization.
Ambulate	To walk.
Anaesthesiology or Anesthesiology	The study and use of anaesthetics.
Anaesthetic or Anesthetic	A medication to reduce pain; can be administered as a local anaesthetic confined to use around the source of pain, or as a general anaesthetic, producing a loss of sensation through the entire body and loss of consciousness.
Ankylosing spondylitis	Arthritis of the spine, resembling rheumatoid arthritis.
Anterior cruciate ligament (ACL)	A ligament in the knee that crosses from the underside of the thigh bone (femur) to the top of the lower leg bone (tibia).
Anterolisthesis	A medical condition of the spine in which the upper vertebral body – the thick drum-shaped area in front of each vertebrae – slips forward onto the vertebrae below.
Antibiotic	A substance that attacks and kills bacteria in the body or renders it inactive.
Antibiotic resistance organism (ARO)	Bacteria that become resistant to the antibiotics normally used to treat them.
Anticoagulant	A substance that stops blood from clotting, often used after surgery to prevent deep vein thrombosis, pulmonary embolism or other blood clots.
Arthritis	A condition that causes inflammation, stiffness and pain in the joints.
Arthrocentesis (joint aspiration)	The clinical procedure where synovial fluid is removed from a joint capsule using a syringe to diagnose gout, arthritis or synovial infection.
Arthrodesis	Surgical fusion of a joint by removing cartilage and positioning adjacent bones to promote bone growth across the joint. A successful fusion eliminates the joint and stops motion, typically to relieve pain or stabilize an unstable joint.
Arthropathy	Joint disease. The term arthropathy does not specify the type of joint disease. The word arthropathy originates from the Greek terms arthron, meaning joint, and pathos, meaning suffering.
Arthroplasty	Repair or replacement of an entire joint or part of a joint in the body, such as a knee or hip. The word arthroplasty originates from the Greek terms arthron, meaning joint, and plassein, meaning to form or shape.
Aspirate	Remove fluids from a body cavity by suction, typically done to obtain specimens for analysis.
Aspirin	A non-prescription drug commonly used to alleviate pain and inflammation, lower fever and reduce the risk of blood clotting in arteries.



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