

# Polysomnography and Quantitative Sleep EEG Analysis



**Steps:** **Preprocessing:** Electrical and movement artifacts were visually removed.

**Spectral Analysis:** The absolute spectral power was determined and averaged separately during N1 and REM sleep in delta, theta, alpha, and beta frequency ranges.

**Sleep-SW (slow wave) and Sleep Spindle Event Detection:** A custom-made MATLAB script was used.

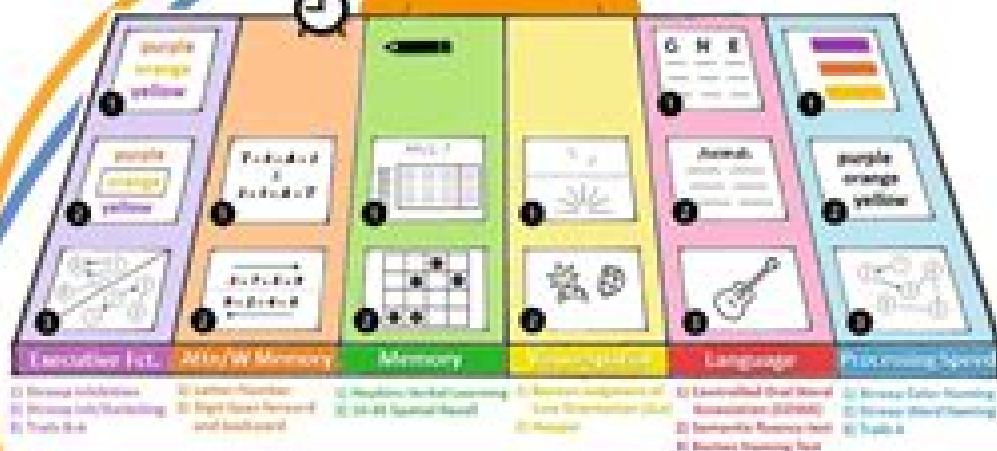
**SW Locked Sleep Spindle Phase-Amplitude Coupling:** The Hilbert transformation was used to calculate the instantaneous phase angle of the SW events. The CircStat toolbox in MATLAB was used to detect the maximum spindle amplitude and corresponding SW phase angle. Mean SW phase angle in degrees was calculated by averaging across the duration of the combined N2 and N3 epochs.

**SW-Spindle Co-occurrence Percent:** All events where the center of the spindle was within a SW event were detected and the percentage was averaged over the combined N2 and N3 epochs.

**REM sleep behavior disorder (RBD):** **ESB% episodes** (1 epoch = 30 sec) of REM sleep meeting criteria for RBD sleep without audio and enactment of dreams observed or reported.

## Level II Neuro-cognitive Battery

At least two tests per domain across five cognitive domains as recommended by the Movement Disorders Society Task Force for the diagnosis of Parkinson's Disease Mild Cognitive Impairment.



n = 32 participants with idiopathic Parkinson's Disease; age 45 or older; MoCA\* score  $\geq$  28, no DBS\*, no sleep apnea

non-RBD n=31  
RBD n= 21

\* MoCA = Montreal Cognitive Assessment  
DBS = Deep Brain Stimulation

# Manual Polysomnography Review

**Sabine Zange**



## **Manual Polysomnography Review:**

## Whispering the Secrets of Language: An Mental Journey through **Manual Polysomnography Review**

In a digitally-driven world wherever screens reign supreme and instant interaction drowns out the subtleties of language, the profound techniques and emotional nuances concealed within phrases frequently get unheard. Yet, located within the pages of **Manual Polysomnography Review** a fascinating literary prize pulsing with organic feelings, lies an extraordinary quest waiting to be undertaken. Penned by an experienced wordsmith, that wonderful opus attracts visitors on an introspective journey, delicately unraveling the veiled truths and profound affect resonating within the cloth of every word. Within the psychological depths of the moving evaluation, we shall embark upon a genuine exploration of the book is primary subjects, dissect its interesting publishing design, and yield to the effective resonance it evokes heavy within the recesses of readers hearts.

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