

## Neonatal Resuscitation Practice Quiz

Test your knowledge with our free Neonatal Resuscitation Practice Test provided below in order to prepare you for our official online exam. The practice test consists of 10 multiple-choice questions that adhere to the latest ILCOR standards. You're welcome to take the quiz as many times as you'd like.

1. If a baby does not begin breathing in response to stimulation, you should assume they are in \_\_\_\_\_ apnea. \*

- ☐ Primary
- ☒ Secondary ✓
- ☐ Terminal
- ☐ None of the above

At the initiation of respiratory compromise, newborns experience an initial period of attempted rapid breathing followed by primary apnea. Primary apnea results in a reduced oxygen saturation, resulting in a lower heart rate. Stimulation will usually assist a newborn in the required respiratory transition, however if a newborn does not start breathing immediately following stimulation, he/she is likely experiencing secondary apnea. Further stimulation will not help, and the newborn require positive-pressure ventilation.

2. Which device should be readily available as a backup wherever resuscitation may be needed, in case a compressed gas source fails? \*

- ☐ Self-inflating bag
- ☐ Flow-inflating bag
- ☐ T-piece resuscitator
- ☐ All of the above

3. Where should pressure be applied when performing compressions on the newborn? \*

- ☐ Lower third of the sternum
- ☐ Upper third of the sternum
- ☐ Over the xiphoid process
- ☐ Any of the above sites are acceptable.

4. During resuscitation of a newborn, you've establish adequate ventilation with an endotracheal tube and your colleague has begun chest compressions for a heart rate under 60 bpm. Nevertheless, after 60 seconds, the heart rate has not increased. What is the most appropriate next step in management? \*

- ☐ Administer epinephrine.
- ☐ Discontinue chest compressions.
- ☐ Start dopamine infusion.
- ☐ Stimulate the newborn.

5. Air that leaks from inside the lung and collects in the pleural space is called a \_\_\_\_\_. \*

- ☐ Pulmonary edema
- ☐ Pneumothorax
- ☐ Pericardial effusion
- ☐ Diaphragmatic hernia

6. True or False: If a pneumothorax causes significant respiratory distress, it should be relieved by placing a per

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**Daniel F McAuley**



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