HEALTH ASSESSMENT

ADULT ASSESSMENT:

SKIN, HAIR, & NAILS

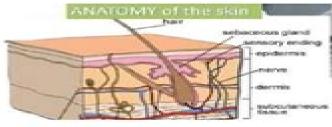
THE INTEGUMENTARY SYSTEM

- Consists of the skin, hair, and nails
- The integumentary system provides clues about general health, reflect changes in environment, and signal internal ailments stemming from other organs.

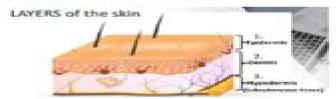
FUNCTION OF THE SKIN

- 1. Protection
- 2. Thermoregulation
- 3. Vitamin D Synthesis
- 4. Excretion and Absorption
- 5. Cutaneous Sensation

ANATOMY OF THE SKIN

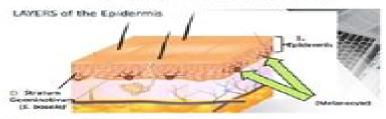


LAYERS OF THE SKIN



1. Epidermis

- Outer layer of skin
- Has no blood vessels
- Divided into 4 layers
 - 1. Stratum Comeum
 - 2. Stratum Lucidum
 - 3. Stratum Granulosum
 - 4. Stratum Germinativum



2. Dermis

 Made up of proteins and mucopolysaccharides.

(it is a thick, gelatinous material that provides a supporting matrix for nerve tissues, blood vessels, sweat and sebum glands, and hair follicles.)

- Well-vascularized, contains collagen, elastic fibers, nerve endings, lymph vessels
- The origin of sebaceous and sweat glands and hair follicles.

3. Hypodermis (Subcutaneous)

- Loose connective tissue containing fat cells, blood vessels, nerves, and the remaining portion of sweat glands and hair follicles.
- Stores fat as an energy reserve and provides insulation to conserve internal body heat.
 Serves as a cushion to protect bones and internal organs.

<u>Jarvis Health Assessment Study Guide Integumentary</u>

Donna D. Ignatavicius, M. Linda Workman Jarvis Health Assessment Study Guide Integumentary:

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