

Parfois,
on en a marre
de tout...

Juste envie
de rien
et de rester
seul(e)



LUCIA CANOVI

Marre de la vie ?



**TUEZ LA DÉPRESSION
AVANT
QU'ELLE NE VOUS TUE !**

La Deacutepression Sans Nom Marre De La Vie T

Lucia Canovi



La Deacutepression Sans Nom Marre De La Vie T:

Marre de la vie ? Lucia Canovi, 2012-04 Ce livre va changer votre vie Vous tes malheureux ou d courag fragile ou angoiss L id e de mettre fin vos jours vous a d j effleur Alors ce livre va changer votre vie C est le plan du labyrinthe d pressif le phare qui permet d viter les r cifs et d arriver bon port le cha non manquant entre le bonheur et vous Les r actions des lecteurs Voici ce que disent les lecteurs de Marre de la vie Ce livre devrait tre prescrit par ordonnance tous ceux qui ont encore un peu de force pour lire J adore ce livre c est une source de joie de vivre d espoir de ressources de repos loin de l ab tissement des masses de la m diocrit ambiante Je ne suis pas toujours d accord avec l auteur mais je trouve ses id es tr s int ressantes humaines bienveillantes loin de tout pr jug un bain de fra cheur spirituelle Une bouff e d air frais pour ma petite t te perturb e Tant de lucidit et de sagesse Excellent livre Une bou e pour ceux qui vont mal Je l ai d vor Merci infiniment pour ce que vous crivez c est une bouff e d air pur Un livre tr s tr s tr s positif Pour tous les d pressifs lisez ce livre C est comme un soin pour douleur interne Tout est tellement juste a fait vraiment du bien de lire a Cette lecture peut aider ceux qui sont d j sur la mauvaise pente ne pas descendre plus bas Magnifique et ressour ant Ce livre m a clar les id es Positif r confortant simple et plaisant on comprend tout Je suis souvent en admiration devant la fa on simple claire et tellement vidente qu on ne la voyait pas avec laquelle Lucia Canovi d cortique ce mal qui l a rong e et qui me ronge Excellent livre qui m a fait remonter la pente radicalement Ce livre est des plus th rapeutiques Plein de bon sens et si bien crit J ai d couvert la voix de mon me ma conscience jumelle les mots si bien tress s qui dessinent ma souffrance chaque ligne que je lis me donne du courage car je me sens moins seule Absolument magnifique grande motion Ce livre devrait tre prescrit par ordonnance ceux qui ont encore un peu de force pour lire lire de toute urgence beaucoup d humour Tout bonnement impressionnant Ce livre est d une grande beaut C est la premi re fois que je lis quelque chose comme a aussi perspicace aussi intelligent au plus proche de ce que je ressens C est plein de finesse et d intelligence et tr s bien crit En g n ral tous les livres de d veloppement personnel me font du bien car ils m aident me comprendre mais sans h siter celui qui m a le plus aid lorsque j tais au fond du gouffre c est Marre de la vie Magnifique Le lire m a fait un bien fou J ai lu ce livre en quatre jours d un trait Il m a norm ment aid Je reprends go t la vie j ai plein de projets Ce livre est en train de changer ma vie J ai fini de le lire il y a quinze jours et tr s sinc rement j ai abandonn l id e de consulter je me sens bien tr s bien m me et je remercie infiniment cette auteur Livre compr hensible par tout le monde et surtout conseiller MERCI J ai souvent pens me suicider car je ne supportais plus mon reflet dans la glace je ne supportais plus cette vie vide de sens Un jour alors que je cherchais des r ponses je suis tomb e sur Marre de la vie Ce n est pas les m dicaments les s ances chez le psy qui m ont fait changer d avis c est ce livre J ai d cid de continuer vivre aujourd hui non pas pour les autres mais pour moi Je l ai lu et j ai peut tre d cid de ne pas mourir Ce qui est crit parmi tant de belles et intelligentes choses sur les r percussions familiales m a touch au c ur Les propos sur la libert sont lumineux lire ce livre me soigne J ai lu des dizaines et des dizaines de livres sur la d pression le d veloppement personnel et

celui ci est juste complétement novateur et d'une richesse incroyable Il nous propose un regard tout fait nouveau en dehors de tous les sentiers battus et rebattus par notre société par la psychiatrie et par nous mêmes La force de vie l'humour et le bon sens de Lucia Canovi ont en plus une saveur formidable Merci infiniment pour ce travail énorme qui offre une multitude de nouvelles pistes pour ouvrir des portes et sortir de l'enfermement MERCI Un livre que je recommande du fond du cœur Il est merveilleusement bien écrit et de très loin le meilleur livre que j'ai pu lire jusqu'à présent Un grand merci à cet auteure pour cet énorme travail de recherche pour son courage vis à vis de l'industrie pharmaceutique et de la psychiatrie et pour tous ses précieux conseils et lectures Je suis tellement reconnaissante que je ne sais comment l'exprimer ici ce livre est une bénédiction J'aimerais juste dire à tous ceux qui liront mon commentaire LISEZ CE LIVRE vous verrez la vie autrement C'est un livre à mettre entre toutes les mains sans exception Merci Madame Canovi Lucia Canovi est agrégée de Lettres Modernes et lauréate de six prix littéraires Marre de la vie Tuez la dépression avant qu'elle ne vous tue sera bientôt publié en anglais allemand espagnol italien portugais russe et japonais

La Deacutepression Sans Nom Marre De La Vie T Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has are more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**La Deacutepression Sans Nom Marre De La Vie T**," written by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve in to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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