

Chapter 49: Endocrine Problems

Lewis: Medical-Surgical Nursing, 10th Edition

- ANS: A

The patient's confusion and lethargy may indicate hypernatremia and should be addressed quickly. In addition, patients with DI compensate for fluid losses by drinking copious amounts of fluids, but a patient who is lethargic will be unable to drink enough fluids and will become hypovolemic. A high urine output, low urine specific gravity, and history of a recent head injury are consistent with diabetes insipidus, but they do not require immediate nursing action to avoid life-threatening complications.

- ANS: D

A serum sodium of less than 120 mEq/L increases the risk for complications such as seizures and needs rapid correction. The other data are not unusual for a patient with SIADH and do not indicate the need for rapid action.

1. A 40-yr-old patient with suspected acromegaly is seen at the clinic. To assist in making the diagnosis, which question should the nurse ask?

- a. "Have you had a recent head injury?"
- b. "Do you have to wear larger shoes now?"
- c. "Is there a family history of acromegaly?"
- d. "Are you experiencing tremors or anxiety?" - ANS: B

Acromegaly causes an enlargement of the hands and feet. Head injury and family history are not risk factors for acromegaly. Tremors and anxiety are not clinical manifestations of acromegaly.

DIF: Cognitive Level: Apply (application)

TOP: Nursing Process: Assessment

REF: 1157

MSC: NCLEX: Physiological Integrity

1. A patient is to receive methylprednisolone (Solu-Medrol) 100 mg. The label on the medication states: methylprednisolone 125 mg in 2 mL. How many milliliters will the nurse administer? - ANS:

1.6

A concentration of 125 mg in 2 mL will result in 100 mg in 1.6 mL.

2. A patient is scheduled for transsphenoidal hypophysectomy to treat a pituitary adenoma. During preoperative teaching, the nurse instructs the patient about the need to:

Lewis Medical Surgical Nursing Chapter 49

Christian Drosten



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