

TABLEAU DES ÉMOTIONS

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 JOIE	<ul style="list-style-type: none"> • Le sourire • L'insouciance • Un élan d'énergie • Optimisme • Légèreté 	<ul style="list-style-type: none"> • Courir • Sauter • Célébrer • Bouger les membres du corps 	<ul style="list-style-type: none"> • «Que la vie est belle !» • «Oh la chance !» • «Faut que je dise ça à quelqu'un tout de suite» 	<ul style="list-style-type: none"> • Danser • Chanter • Rire • Faire des câlins • Raconter 	<ul style="list-style-type: none"> • Célébrer • Réjouir • Partager le bonheur • Fêter • Interagir 	10
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