

Laurent H.R. Ryder-Merlhyn

# *Guide initiatique* du **Voyage Astral**

- **Se dédoubler facilement**
- **Entrer en contact avec le monde astral**
- **Comment réintégrer son corps**

Éditions  
**TRAJECTOIRE**

# Le Voyage Astral Assisté Par Lastrologie Manuel Pratique

**Richard Armand**



## **Le Voyage Astral Assisté Par La Astrologie Manuel Pratique:**

**Le Voyage Astral** Roland Legrand, 2015-09-14 Roland Legrand est astrologue fondateur de l'école ABLAS A Better Life Astrology School. Il pratique l'astrologie depuis 1977 l'année de sa rencontre avec les écrits de Robert Monroe sur le Voyage Astral auquel il s'est rapidement initié et adonné. Ce livre est un recueil d'expériences personnelles et un guide pratique dans lequel le lecteur trouvera tout ce qu'il faut savoir pour parvenir rapidement à voyager.

**Comment Faire un Voyage Astral Sans Danger** Richard Armand, 2017-08-16 Bien que nous parlions de voyage et de transfert d'un plan physique à un plan astral, ceci n'implique pas la notion de déplacement au sens propre dans l'espace. Le voyage astral est un détachement du corps astral, une suspension temporaire du corps physique. Regardons un peu la composition subtile de l'être humain tout comme les différents plans dont nous parlons tout l'heure : chaque être humain est constitué de plusieurs corps qui forment des couches successives entourant son corps physique : le corps physique, le corps éthérique, le corps astral, le corps mental, le corps causal, le corps bouddhique ou supra-mental, le corps divin ou atmique. C'est bien sûr le corps astral qui se détache pendant ce qu'on appelle le vol astral ou le voyage astral ou encore projection astrale. De la même manière, les très vivants que vous rencontrez durant ce voyage ne sont pas des auras mais bien les corps astraux de différents très humains ou d'animaux d'ailleurs. La première crainte liée au voyage astral, c'est de ne pas pouvoir réintégrer son corps physique ou encore de faire de mauvaises rencontres. Bien qu'en théorie ceci puisse arriver, vous allez voir dans ce livre que dans la pratique, si vous suivez les techniques appropriées, il est impossible qu'un événement indésirable survienne pendant votre projection astrale. L'objectif de cet ouvrage est de vous apprendre uniquement les méthodes qui vous garantissent la sécurité : c'est un guide pour effectuer des voyages astraux en toute sérénité et ce même si vous n'en avez encore JAMAIS fait auparavant. Vous apprendrez à déclencher un voyage astral même sans aucune expérience. Vous apprendrez quelles sont les techniques les plus faciles, les plus rapides, mais aussi celles que vous devez éviter si vous êtes fatigué ou sous tension. Vous apprendrez également quelles sont les rencontres possibles dans la dimension astrale, comment les aborder et comment faire pour que vous ne puissiez jamais être dérangé. Vous apprendrez enfin quels sont les bénéfices souvent méconnus de la projection astrale et pourquoi c'est une pratique riche, est extraordinairement formatrice pour chacun d'entre nous. Bonne lecture.

**Vous pouvez sortir de votre corps !** Bernard Raquin, 2010-02-26 Sortir de son corps, c'est découvrir de nouvelles dimensions de la réalité, explorer des mondes jusqu'alors inconnus. C'est surtout avoir la confirmation que notre âme et notre esprit ne sont pas prisonniers de la chair et qu'une forme de vie subtile existe par-delà le monde matériel. Les cas spontanés de sortie hors du corps sont fréquents. Nous connaissons tous quelqu'un qui a vécu cette expérience extraordinaire. Voyager hors de son corps permet de visualiser d'autres personnes, d'ignorer les barrières du temps et de l'espace et même d'entrer en relation avec des proches disparus. Savez-vous que cette manifestation peut être expérimentée volontairement grâce à des exercices particuliers. Ce livre présente une méthode progressive pour parvenir, par différents exercices, à la sortie maîtrisée hors du corps. Grâce à cette pratique, vous pourrez

voluer spirituellement améliorer votre santé et découvrir la Vie dans toute sa plénitude **Sortie hors du corps, une expérience à votre portée - Un voyage multidimensionnel qui peut changer** Romain Clément, 2024-08-29 Un manuel pratique pour expérimenter les sorties hors du corps et le r ve lucide grâce une méthode accessible tous Vivre sans entraves s lever vers les cieux explorer des contrées lointaines converser avec des anges retrouver vos chers disparus s aventurer aux confins de l univers voyager dans le temps Les possibilités sont infinies lorsqu on aborde les expériences de sorties hors du corps Dans cet ouvrage fascinant Romain Clément dévoile des techniques prouvées pour expérimenter le d doublement astral travers les sorties hors du corps ou les r ves lucides vous ouvrant les portes d un monde libéré de vos limitations terrestres Vivez une expérience intense pour développer votre conscience une voie vers l épanouissement de tout votre être pour mieux vous connaître tes vous pr t tenter l expérience connaître des motions encore inédites De chrysalide vous deviendrez papillon

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