

FM 21-150

FIELD MANUAL

COMBATIVES

HAND-TO-HAND COMBAT



HEADQUARTERS, DEPARTMENT OF THE ARMY
WASHINGTON D.C. SEPTEMBER 1992

Military Hand To Hand Combat Field Manual

JA Banks



Military Hand To Hand Combat Field Manual:

U.S. Army Hand-to-Hand Combat U.S. Department of the Army,2009-11-03 In close quarter combat there is no second chance and no room for error On the street as in military combat even the smallest mistake can make the difference between life and death U S Army Hand to Hand Combat is the official field manual FM 21 150 used by U S Army soldiers men and women trusted trained and tasked to protect the United States from enemies in every kind of situation When weapons are unavailable or not advisable the techniques in this manual will show every reader the skills necessary to neutralize an attacker swiftly and effectively **21st Century U.S. Military Manuals** Department of Defense,U. S. Military,U. S. Army,2017-08-27 The Combatives Field Manual FM 3 25 150 FM 21 150 contains information and guidance pertaining to rifle bayonet fighting and hand to hand combat The hand to hand combat portion of this manual is divided into basic and advanced training This manual serves as a guide for instructors trainers and soldiers in the art of instinctive rifle bayonet fighting Topics covered include hand to hand combat rifle bayonet fighting knife assault and fighting techniques Hand to hand combat is an engagement between two or more persons in an empty handed struggle or with hand held weapons such as knives sticks or projectile weapons that cannot be fired Proficiency in hand to hand combat is one of the fundamental building blocks for training the modern soldier Soldiers must be prepared to use different levels of force in an environment where conflict may change from low intensity to high intensity over a matter of hours Many military operations such as peacekeeping missions or noncombatant evacuation may restrict the use of deadly weapons Hand to hand combatives training will save lives when an unexpected confrontation occurs More importantly combatives training helps to instill courage and self confidence With competence comes the understanding of controlled aggression and the ability to remain focused while under duress Training in combatives includes hard and arduous physical training that is at the same time mentally demanding and carries over to other military pursuits The overall effect of combatives training is the culmination of a successful physical fitness program enhancing individual and unit strength flexibility balance and cardiorespiratory fitness building personal courage self confidence self discipline and esprit de corps This field manual has been converted for accurate flowing text e book format reproduction As a bonus this reproduction includes FM 1 The Army Field Manual a capstone manual containing the vision for the Army sold separately for 5 99 FM 1 establishes the fundamental principles for employing Landpower The most important of these are the Army s operational concept and the fundamentals that support it They form the foundation for all Army doctrine All Soldiers should understand and internalize them FM 1 describes the American profession of arms the Army s place in it and what it means to be a professional Soldier This is a privately authored news service and educational publication of Progressive Management **21st Century U. S. Army Combatives Field Manual** U. S. Department of Defense Staff,2002-04-01 The preface to this U S Army manual FM 3 25 150 states This field manual contains information and guidance pertaining to rifle bayonet fighting and hand to hand combat The hand to hand

combat portion of this manual is divided into basic and advanced training This manual serves as a guide for instructors trainers and soldiers in the art of instinctive rifle bayonet fighting According to the manual Hand to hand combat is an engagement between two or more persons in an empty handed struggle or with hand held weapons such as knives sticks or projectile weapons that cannot be fired Proficiency in hand to hand combat is one of the fundamental building blocks for training the modern soldier Soldiers must be prepared to use different levels of force in an environment where conflict may change from low intensity to high intensity over a matter of hours Many military operations such as peacekeeping missions or noncombatant evacuation may restrict the use of deadly weapons Hand to hand combatives training will save lives when an unexpected confrontation occurs More importantly combatives training helps to instill courage and self confidence With competence comes the understanding of controlled aggression and the ability to remain focused while under duress Training in combatives includes hard and arduous physical training that is at the same time mentally demanding and carries over to other military pursuits The overall effect of combatives training is the culmination of a successful physical fitness program enhancing individual and unit strength flexibility balance and cardiorespiratory fitness and building personal courage self confidence self discipline and esprit de corps As such this manual provides a unique heavily illustrated training manual for a number of hand to hand combat techniques Chapter Three deals with basic ground fighting techniques Basic ground fighting techniques build a fundamental understanding of dominant body position which should be the focus of most combatives training before moving on to the more difficult standing techniques Ground fighting is also where technique can most easily be used to overcome size and strength Before any killing or disabling technique can be applied the soldier must first gain and maintain dominant body position The leverage gained from dominant body position allows the fighter to defeat a stronger opponent An appreciation for dominant position is fundamental to becoming a proficient fighter because it ties together what would otherwise be a long confusing list of unrelated techniques If a finishing technique is attempted from dominant position and fails the fighter can simply try again If on the other hand a finishing technique is attempted from other than dominant position and fails it will usually mean defeat Attacks include the collar choke single wing choke straight arm bar arm lock guillotine choke scissors sweep Captain Kirk ankle grab knee push triangle choke knee mount leg attacks straight ankle lock and figure four ankle lock Striking called an integral part of all actual fighting includes pass the guard with strikes striking from side control defending against strikes and more Takedowns and throws are covered in detail Later chapters cover handheld weapons using the bayonet or knife which may be the ideal weapon to dispatch the enemy Field expedient weapons are discussed including the entrenching tool three foot sticks and six foot pole Standing defense techniques against unarmed and armed opponents are reviewed Restrictive force scenarios include two against one three against two one against two and two against three

Destroy the Enemy in Hand-To-Hand Combat A. Tarasov, 2012-08-13 Destroy the Enemy in Hand to Hand Combat was the official Red Army close combat manual during the Second World War It was published in 1941 shortly

after Nazi Germany invaded the Soviet Union This would have been the very manual used to train the troops that fought and defeated the Nazis at Stalingrad and in Berlin in fierce hand to hand and house to house combat This despite the superiority of German technology and firepower Now this book is available to you with all its original illustrations in this lovingly formatted electronic edition The text was translated from the original Russian by author translator and graduate student of history Boris Karpa with the utmost care taken to preserve the meaning of the original text without taking away its unique character This manual however is more than a historical curiosity Though the average American gun owner is certainly a better shot and has better equipment than a Soviet conscript very little emphasis in our culture is placed on hand to hand combat skills even though most self defense situations occur at point blank range If you are serious about the ideas of self defense and emergency preparedness Destroy the Enemy in Hand to Hand Combat may have something to teach you

Unarmed Defense for the American Soldier War Department,2013-10 This is a new release of the original 1942 edition *U.S. Army Hand-to-hand Combat* U.S. Army,2005-03-01 This Korean War era edition of the U S Army s hand to hand combat manual contains hard core instruction in military close quarters fighting including the nastiest strikes to vulnerable areas of an enemy s body aggressive knife attack techniques sentry silencing techniques disarming methods and other ways to take out an enemy soldier with ruthless efficiency *HAND -TO-HAND COMBAT Field Manual 21-150* ,2025-11 FM 21 150 Hand to Hand Combat showcases Cold War Korean War close combat training featuring instructor notes and clear visuals on unarmed and cold weapon techniques like bayonet knife and garrotte **Unarmed Defense for the American Soldier - FM 21-150 Basic Army Field Manual (1942 World War II Civilian Reference Edition)** U.S. War Department,2021-09-14 The Historic World War II Army Handbook on Military Hand To Hand Combat and Self Defense Build your library with this unabridged high quality World War II Civilian Reference Edition facsimile reissue of the official Unarmed Defense for the American Soldier FM 21 150 Basic Army Field Manual 1944 release This historic unclassified civilian reference edition manual features principles of hand to hand combat and self defense for soldiers during World War II Contents include defense focused historic reviews of hand to hand fighting and training principles with multiple illustrations including escapes body hold evasion choke hold defenses kick defenses taking prisoners and incapacitating enemies defending against knife and sword defenses against blunt weapons and clubs defense against firearms like pistols and rifles defenses against wrestling holds how to break free from grips on clothing and hair and how to defend against fist attacks Learn how things were historically done in the military for personal enrichment and historical study by learning from the classic knowledge of the American soldier Great for learning the history behind the ins and outs of soldering principles developed by the U S military Not just for military personnel this book is a great gift for outdoors enthusiasts backpackers campers hikers hunters scouts military history enthusiasts and veterans A part of the Military Outdoors Skills Series This Doublebit Historic Edition reprint of Unarmed Defense for the American Soldier FM 21 150 1942 is professionally restored

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Combatives Hand to Hand Combat U. S. Army Field Manual Pentagon Publishing,2006-01-01 Military Science and Tactics ,1921 *Military Police Hand to Hand Combat Program* The Mpuca,2008-01-25 The Military Police Hand to Hand Combat Program Advanced Unarmed Self Defense training manual compliments and greatly improves upon the hand to hand techniques officially taught to Military Police Soldiers at the United States Army Military Police School It is a self study simple and easy to learn effective unarmed combat program The manual was created and is intended for Military Police Soldiers working law enforcement but is applicable to any law enforcement officer security specialist or martial artist The manual is formatted in over 40 different lessons with extensive step by step descriptions and numerous pictures The program contains offensive defensive ground and standing techniques Emphasis is given to gaining and maintaining the initiative proper use of force and what to do when a technique is countered **Black Belt** ,2004-11 The oldest and most respected

martial arts title in the industry this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world including techniques and strategies In addition Black Belt produces and markets over 75 martial arts oriented books and videos including many about the works of Bruce Lee the best known marital arts figure in the world Quarterly Review of Military Literature ,1936 **H2H Combat** Greg Thompson,Kid Peligro,2006 U S Army and Special Forces instructors demonstrate the critical skills of hand to hand combat in this training manual The step by step photos and thoroughly detailed movements are also intended to empower citizens to protect themselves Military Manual of Self-defense Anthony B. Herbert,1984 *MMA Hand to Hand Combat* U. S. Army,2014-12-02 This OFFICIAL U S Army Field Manual 3 25 150 contains information and guidance pertaining to rifle bayonet fighting and Hand to Hand Combat The Hand to Hand Combat portion of this manual is divided into basic and advanced training This manual serves as a guide for instructors trainers and foot soldiers in the art of instinctive hands on combat and rifle bayonet fighting The Hand to Hand portion of this field manual contains applied techniques applicable to civilian Mixed Martial Art conditioning and techniques CHAPTER 1 INTRODUCTIONCHAPTER 2 TRAININGCHAPTER 3 BASIC GROUND FIGHTINGCHAPTER 4 ADVANCED GROUND FIGHTINGCHAPTER 5 TAKEDOWNS AND THROWSCHAPTER 6 STRIKESCHAPTER 7 HANDHELD WEAPONSCHAPTER 8 STANDING DEFENSEAPPENDIX A GROUP TACTICSAPPENDIX B COMPETITION *Physical Fitness Workbook : Fit for Democracy -- Fit to Fight* Thomas Kirk Cureton,1942 **Catalog of the Police Library of the Los Angeles Public Library** Los Angeles Public Library. Municipal Reference Library. Police Division,1972

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Table of Contents Military Hand To Hand Combat Field Manual

1. Understanding the eBook Military Hand To Hand Combat Field Manual
 - The Rise of Digital Reading Military Hand To Hand Combat Field Manual
 - Advantages of eBooks Over Traditional Books
2. Identifying Military Hand To Hand Combat Field Manual
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Military Hand To Hand Combat Field Manual
 - User-Friendly Interface
4. Exploring eBook Recommendations from Military Hand To Hand Combat Field Manual
 - Personalized Recommendations
 - Military Hand To Hand Combat Field Manual User Reviews and Ratings
 - Military Hand To Hand Combat Field Manual and Bestseller Lists
5. Accessing Military Hand To Hand Combat Field Manual Free and Paid eBooks
 - Military Hand To Hand Combat Field Manual Public Domain eBooks
 - Military Hand To Hand Combat Field Manual eBook Subscription Services
 - Military Hand To Hand Combat Field Manual Budget-Friendly Options

6. Navigating Military Hand To Hand Combat Field Manual eBook Formats
 - ePub, PDF, MOBI, and More
 - Military Hand To Hand Combat Field Manual Compatibility with Devices
 - Military Hand To Hand Combat Field Manual Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Military Hand To Hand Combat Field Manual
 - Highlighting and Note-Taking Military Hand To Hand Combat Field Manual
 - Interactive Elements Military Hand To Hand Combat Field Manual
8. Staying Engaged with Military Hand To Hand Combat Field Manual
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Military Hand To Hand Combat Field Manual
9. Balancing eBooks and Physical Books Military Hand To Hand Combat Field Manual
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Military Hand To Hand Combat Field Manual
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Military Hand To Hand Combat Field Manual
 - Setting Reading Goals Military Hand To Hand Combat Field Manual
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Military Hand To Hand Combat Field Manual
 - Fact-Checking eBook Content of Military Hand To Hand Combat Field Manual
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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