HEALTH ASSESSMENT

ADULT ASSESSMENT:

SKIN, HAIR, & NAILS

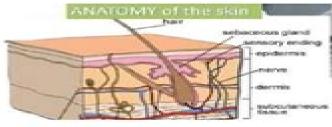
THE INTEGUMENTARY SYSTEM

- Consists of the skin, hair, and nails
- The integumentary system provides clues about general health, reflect changes in environment, and signal internal ailments stemming from other organs.

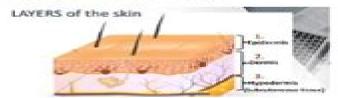
FUNCTION OF THE SKIN

- 1. Protection
- 2. Thermoregulation
- 3. Vitamin D Synthesis
- 4. Excretion and Absorption
- 5. Cutaneous Sensation

ANATOMY OF THE SKIN

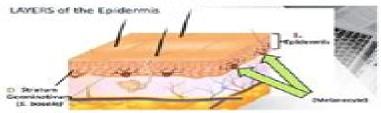


LAYERS OF THE SKIN



1. Epidermis

- Outer layer of skin
- Has no blood vessels
- Divided into 4 layers
 - 1. Stratum Comeum
 - 2. Stratum Lucidum
 - 3. Stratum Granulosum
 - 4. Stratum Germinativum



2. Dermis

 Made up of proteins and mucopolysaccharides.

(it is a thick, gelatinous material that provides a supporting matrix for nerve tissues, blood vessels, sweat and sebum glands, and hair follicles.)

- Well-vascularized, contains collagen, elastic fibers, nerve endings, lymph vessels
- The origin of sebaceous and sweat glands and hair follicles.

3. Hypodermis (Subcutaneous)

- Loose connective tissue containing fat cells, blood vessels, nerves, and the remaining portion of sweat glands and hair follicles.
- Stores fat as an energy reserve and provides insulation to conserve internal body heat.
 Serves as a cushion to protect bones and internal organs.

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- 1. Understanding the eBook Jarvis Health Assessment Study Guide Integumentary
 - The Rise of Digital Reading Jarvis Health Assessment Study Guide Integumentary
 - Advantages of eBooks Over Traditional Books
- 2. Identifying Jarvis Health Assessment Study Guide Integumentary
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Jarvis Health Assessment Study Guide Integumentary
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from Jarvis Health Assessment Study Guide Integumentary
 - Personalized Recommendations
 - o Jarvis Health Assessment Study Guide Integumentary User Reviews and Ratings
 - o Jarvis Health Assessment Study Guide Integumentary and Bestseller Lists
- 5. Accessing Jarvis Health Assessment Study Guide Integumentary Free and Paid eBooks
 - o Jarvis Health Assessment Study Guide Integumentary Public Domain eBooks
 - o Jarvis Health Assessment Study Guide Integumentary eBook Subscription Services
 - o Jarvis Health Assessment Study Guide Integumentary Budget-Friendly Options

- 6. Navigating Jarvis Health Assessment Study Guide Integumentary eBook Formats
 - o ePub, PDF, MOBI, and More
 - o Jarvis Health Assessment Study Guide Integumentary Compatibility with Devices
 - o Jarvis Health Assessment Study Guide Integumentary Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - o Adjustable Fonts and Text Sizes of Jarvis Health Assessment Study Guide Integumentary
 - Highlighting and Note-Taking Jarvis Health Assessment Study Guide Integumentary
 - Interactive Elements Jarvis Health Assessment Study Guide Integumentary
- 8. Staying Engaged with Jarvis Health Assessment Study Guide Integumentary
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Jarvis Health Assessment Study Guide Integumentary
- 9. Balancing eBooks and Physical Books Jarvis Health Assessment Study Guide Integumentary
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Jarvis Health Assessment Study Guide Integumentary
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Jarvis Health Assessment Study Guide Integumentary
 - Setting Reading Goals Jarvis Health Assessment Study Guide Integumentary
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Jarvis Health Assessment Study Guide Integumentary
 - Fact-Checking eBook Content of Jarvis Health Assessment Study Guide Integumentary
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements

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