

IT'S GONNA BE OKAY | BY MIMI ZUCKER

IT'S GONNA BE OKAY

A journal to reassure myself when I'm overwhelmed by the creeping sense of impending disaster and the all-encompassing fears both specified and vague that colonize my mind, body, and soul, all of which, from the completely far-fetched to the sometimes probable, do me no good to contemplate and in fact make me miserable, and even though optimism may be small-voice and ill-placed, I know I'll be happier as a blind fool than as a clairvoyant apocalyptic.

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