

Comprehensive Stress Management

FIFTEENTH EDITION

JERROLD S. GREENBERG



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Jerrold Greenberg Stress Guide

Janice Langan-Fox, Cary L. Cooper



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Comprehensive Stress Management Greenberg, 1995-07 *Subject Guide to Books in Print*, 1993

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Connections For Health Mullen, McDermott, Gold, Belcastro, **Health Promotion Programs** Michael L. Teague, 1987 Based on the objectives found in Healthy People 2000 this text serves as a practical useful guide to understanding how health promotion impacts the wellbeing of older adults Drawing on experience in family practice health counseling health promotion and community health the authors provide a comprehensive interdisciplinary look at health promotion in later life and how

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