

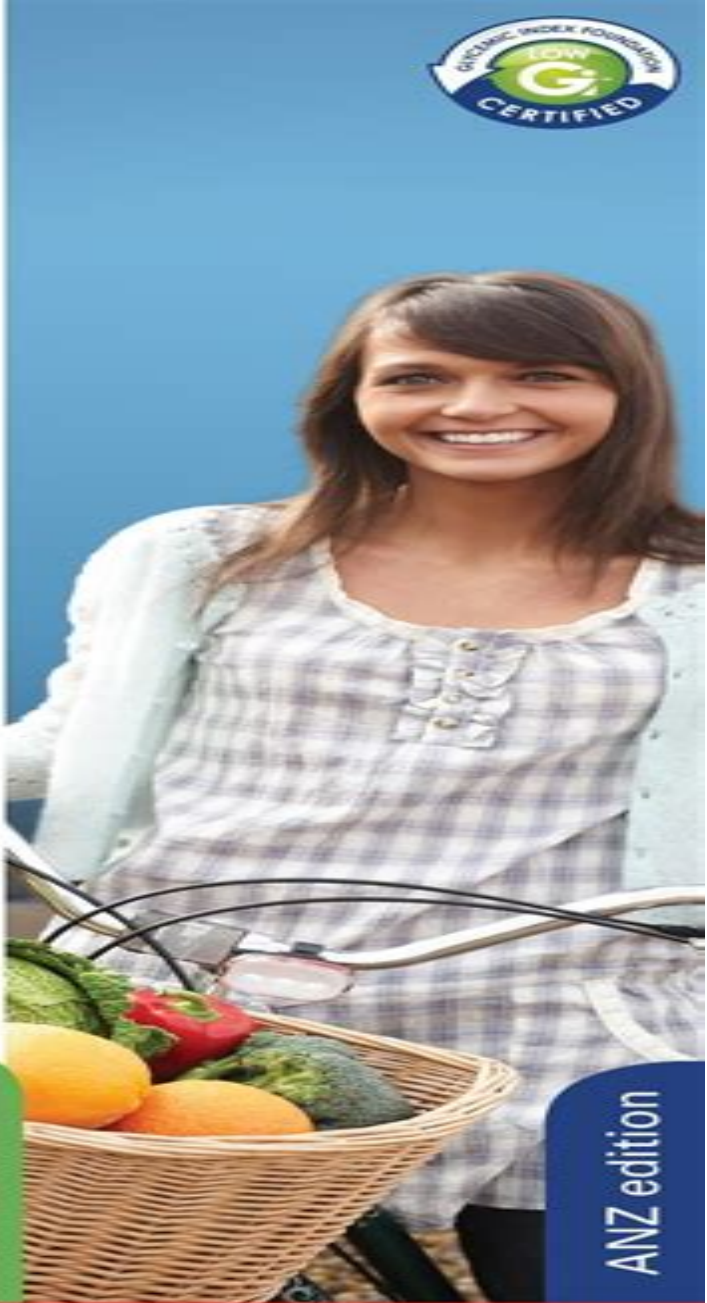


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Index Values for more than 1,000 foods

- GI values tested by SUGiRS
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- A-Z tables by food category
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ANZ edition

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AW Rasmussen



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