Les effets et les dangers du tabac

Nez, bouche, gorge

diminution de l'odorat et du goût. Risque de cancer.

Poumon

risque de cancer et de bronchite chronique (difficultés à respirer).

Peau, cheveux

le tabac accélère le vieillissement.

Cerveau

le tabac diminue l'apport d'oxygène (vertiges, maux de tête, difficultés à se concentrer etc.).

Cœur et vaisseaux sanguins

le tabac bouche petit à petit les artères et augmente la pression sanguine. Risque de crise cardiaque.

Vessie et reins

les produits toxiques contenus dans la cigarette sont filtrés par les reins et se retrouvent dans l'urine et la vessie. Risque de cancer.

Les Meacutefaits Du Tabac

JE Gale

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