

BRUNO MILLET-ILHARREGUY

# **MIEUX SOIGNER LES TOC**

**LES PROMESSES  
DE LA STIMULATION CÉRÉBRALE**



# Mieux Soigner Les Toc Les Promesses De La Stimulation Ceacutereacutebrale

**Bruno Millet-Ilharreguy**



## **Mieux Soigner Les Toc Les Promesses De La Stimulation Cerebrale:**

*Mieux soigner les TOC* Bruno Millet-Ilharreguy, 2015-02-11 Les troubles obsessionnels compulsifs TOC sont beaucoup plus fréquents qu'on ne le croit. Ils se caractérisent par une obsession irrationnelle comme se laver les mains toute la journée, avoir une manie ou une idée fixe. Longtemps les TOC ont été perçus comme relevant uniquement de la psychiatrie. Bruno Millet-Ilharreguy nous parle très longuement dans ce livre des toutes nouvelles techniques comme la stimulation cérébrale qui peuvent véritablement soigner ces troubles qui gênent tant d'individus au quotidien. Cette stimulation cérébrale profonde qui consiste à implanter des électrodes dans le cerveau de façon non invasive est une discipline toute nouvelle mais très efficace. Cette méthode a obtenu des résultats spectaculaires. Cette technique complète l'arsenal des thérapies classiques comportementales, cognitives et médicamenteuses. Ce livre peut redonner espoir à tous ceux et elles qui sont atteints par ces troubles compulsifs.

## **Mieux Soigner Les Toc Les Promesses De La Stimulation Ceacutereacutebrale** Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the energy of words has be evident than ever. They have the capacity to inspire, provoke, and ignite change. Such is the essence of the book **Mieux Soigner Les Toc Les Promesses De La Stimulation Ceacutereacutebrale**, a literary masterpiece that delves deep in to the significance of words and their affect our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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