

## **Physical Education McQs By**

**Answer of all mcqs are in the END of the last Question.**

**1. The landing arena of High Jump will be**

- (A) 5x4mts
- (B) 5x5mts
- (C) 5 x 3 mts
- (D) 5 x 6 mts

**2. Blood is purified in the human body by?**

- (A) Carbon dioxide
- (B) Nitrogen
- (C) Oxygen
- (D) Hydrogen

**3. Name the vitamin which is water soluble**

- (A) Vitamin A
- (B) Vitamin B
- (C) Vitamin E
- (D) Vitamin K

**4. Salivary gland produces**

- (A) Ptyalin
- (B) Adrenal
- (C) Pepsin
- (D) Renin

**5. Who is responsible for sanitation /cleanliness in schools?**

- (A) Principal
- (B) Cleaning worker
- (C) Teacher and students
- (D) All of the above

**6. Name the disease which is categorized as psychosomatic disease**

- (A) Diabetes
- (B) Asthma
- (C) Tuberculosis
- (D) Small pox

**7. According to rules, the colour of football goal post is?**

- (A) Light yellow

# Mcqs Health And Physical Education

**Sebastian Brünink**



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