

Instructions

Note: Full Instructions Are Provided On The Packaging



Place the nozzle into the nose. Press and hold the valve button at the bottom of the water bottle and the solution will automatically flow. There is no need to squeeze the bottle, the solution will automatically flow when the button is pressed, and will stop when the button is released.

DO NOT squeeze the bottle for a faster flow. Breathe through your mouth during the whole procedure.

GLAMZA
Nasal Wash

Nasal Irrigation Grapefruit Drops Recipe

Annelies Wilder-Smith



Nasal Irrigation Grapefruit Drops Recipe:

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