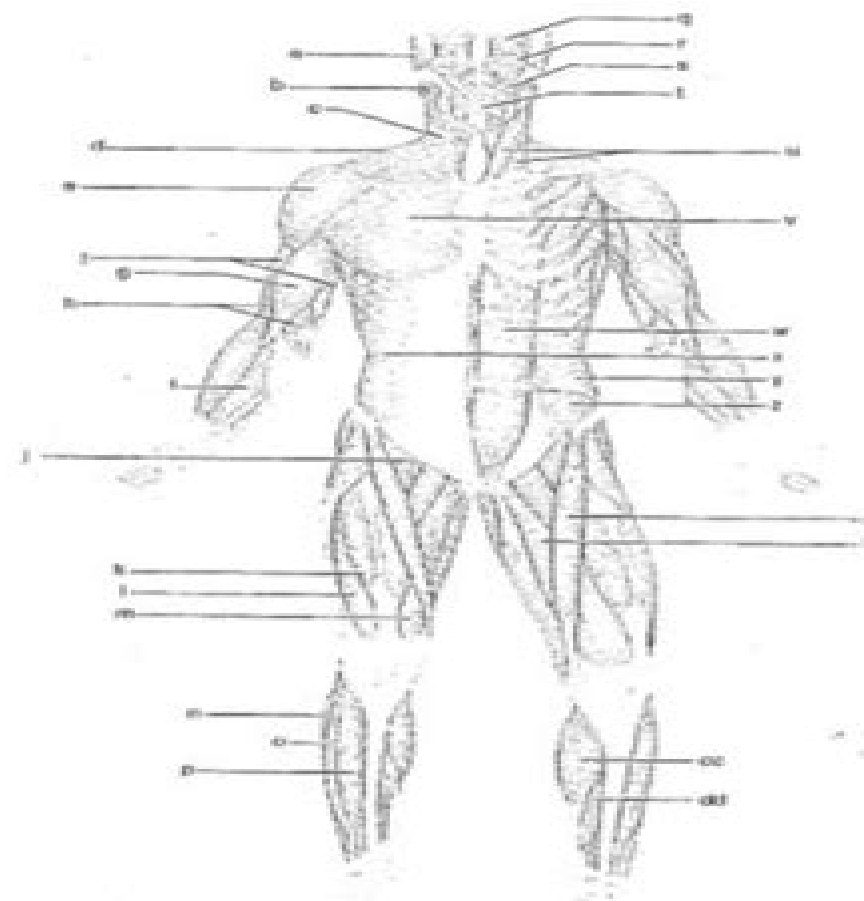


## General Review: Muscle recognition

1. Identify the lettered muscles in the diagram of the human anterior superficial musculature by matching the letter with one of the following muscle names:

- 1. ~~sternocleidomastoid~~
- 2. pectoralis major
- 3. external oblique
- 4. sternocleidomastoid
- 5. biceps brachii
- 6. deltoid
- 7. vastus lateralis
- 8. frontalis
- 9. rectus femoris
- 10. rectus abdominis
- 11. sartorius
- 12. platysma
- 13. flexor carpi radialis
- 14. orbicularis oculi
- 15. gastrocnemius
- 16. Masseter
- 17. Trapezius
- 18. tibialis anterior
- 19. adductor
- 20. rectus medialis
- 21. transversus abdominis
- 22. fibularis longus
- 23. iliopsoas
- 24. temporalis
- 25. zygomaticus
- 26. triceps brachii



- 27. brachialis
- 28. extensor digitorum longus
- 29. internal oblique
- 30. soleus

# Musculature Answer Key

**Francis Arthur Bainbridge**



## **Musculature Answer Key:**

Mosby's® Massage Therapy Exam Review - E-Book Sandy Fritz,Luke Allen Fritz,2023-09-11 Written by massage therapy experts Sandy Fritz and Luke Fritz this unique review resource uses a variety of methods to help you prepare for the MBLEx Massage and Bodywork Licensing Exam and the Board Certification in Therapeutic Massage and Bodywork BCTMB The comprehensive review features updated content and questions based on the most current exam blueprints The practice exams are written in a five part process not just as sample questions Plus a companion Evolve website comes loaded with practice exams and a variety of review activities such as labeling exercises flashcards electronic coloring book games and much more No other massage review gives you such well rounded exam preparation Focused content review including 125 full color illustrations showing various massage techniques as well as anatomy physiology 1800 practice questions 500 new questions in the text that provide students the opportunity to assess readiness for exams 5 practice exams with 100 questions each will be available in text as well as on Evolve Over 40 labeling exercises to help kinesthetic learners retain information Rationales for all correct and incorrect responses NEW More than 1 400 questions in a mock exam are based on the MBLEx blueprint EXPANDED and UPDATED Content matches the current MBLEx blueprint to prepare you for success NEW Scenario based multiple choice questions are based on the MBLEx content blueprint NEW 100 questions in a graded practice exam

**Workbook for Know the Body: Muscle, Bone, and Palpation Essentials** Joseph E. Muscolino,2012-03-30 Corresponding to the chapters in Muscolino s Know the Body Muscle Bone and Palpation Essentials this workbook includes review activities to help you learn and apply muscle bone and palpation knowledge Exercises cover muscle identification plus attachments actions stabilization functions nerve innervation palpation and treatment considerations for each of those muscles There s also a review of bone identification bony palpation basic kinesiology terminology the skeletal system and muscle function Exercises range in complexity from simple factual recall to more difficult critical thinking activities Chapter by chapter comprehensive review covers all of the content from the Know the Body textbook to ensure that you are prepared for exams and for practice Photos of joint movements provide a better understanding of movement and range of motion as compared to simple drawings A wide range of fun interesting review activities includes structure identification and labeling coloring matching true false multiple choice short answer crossword puzzle jumble and mnemonic fill in the blanks High level exercises help in developing critical thinking abilities and understanding how to apply muscle bone and palpation knowledge in the treatment room Perforated pages make it easy to remove exercises from the workbook and hand in for grading Answers are included at the end of the workbook to help you pinpoint strengths and identify areas that need further study

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