

CADC STUDY GUIDE

(Certified Alcohol and Drug Counselor)

STUDY GUIDE & PRACTICE QUESTIONS 2025-2026

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BRIEF OVERVIEW OF THE EXAM



DETAILED CONTENT REVIEW



TEST - TAKING STRATEGIES



FULL- LENGTH PRACTICE TESTS

**200
QUESTIONS**



Full-Length Practice Test 1

Section 1: Screening, Assessment, and Engagement

Introduction: This section focuses on the initial phase of client interaction, including identifying substance use disorders through validated screening tools, conducting comprehensive assessments, building rapport, and engaging clients for treatment. Multidisciplinary team collaboration is essential for change and gather information necessary for treatment planning.

1. What is the primary purpose of a substance use screening tool?

- A. To diagnose or screen for mental health disorders
- B. To measure treatment progress
- C. To determine the prevalence of potential substance use problems
- D. To provide the medication

Answer: C

Explanation: Screening tools help identify individuals who may have a substance use disorder and require further assessment.

2. Which tool is commonly used for initial alcohol use screening?

- A. CAGE
- B. CAGE-Quotient
- C. SUD-16
- D. SUD-10



Overview of the exam :

The Certified Alcohol & Drug Counselor (CADC) 2025-2026 exam evaluates a candidate's readiness to work with individuals struggling with substance use and addiction. It tests practical skills in assessment, counseling, ethical practice, and knowledge of addiction and recovery processes. Preparing for this exam requires your commitment and investment in the field of addiction counseling.

This guide offers a comprehensive roadmap, designed only to prepare with focus and confidence.

What's included in this guide:

Complete review of all the exam topics with practice questions with step-by-step explanations from testing tips related to CADC exam structure. Client risk counseling techniques, empathetic documentation and crisis intervention with real-world examples. Breakdown of recovery models and substance use patterns. Realistic practice aligned with the exam's scope and format.

Each section begins with a concise overview, followed by strategy-focused content and guided practice.



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Iowa Cadc Study Guide

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