NANCY BERRYMAN REESE | WILLIAM D. BANDY



# Joint Range of Motion Muscle Length Testing







FOURTH EDITION



# Joint Range Of Motion And Muscle Length Testing

Nancy Berryman Reese, William D. Bandy

# **Joint Range Of Motion And Muscle Length Testing:**

Joint Range of Motion and Muscle Length Testing - E-Book Nancy Berryman Reese, William D. Bandy, 2016-03-31 One of the most comprehensive texts on the market Joint Range of Motion and Muscle Length Testing 3rd Edition is an easy to follow reference that guides you in accurately measuring range of motion and muscle length for all age groups Written by renowned educators Nancy Berryman Reese and William D Bandy for both Physical Therapy and Occupational Therapy professionals this book describes in detail the reliability and validity of each technique A new companion web site features video clips demonstrating over 100 measurement techniques Full color design clearly demonstrates various techniques and landmarks Clear technique template allows you to quickly and easily identify the information you need Simple anatomic illustrations clearly depict the various techniques and landmarks for each joint Coverage of range of motion and muscle length testing includes important must know information Complex tool coverage prepares you to use the tape measure goniometer and inclinometer in the clinical setting Over 100 videos let you independently review techniques covered in the text Chapter on infants and children eliminates having to search through pediatric specific books for information Anatomical landmarks provide a fast visual reference for exactly where to place measuring devices Chapters dedicated to length testing makes information easy to locate UPDATED information and references includes the latest in hand and upper extremity Joint Range of Motion and Muscle Length Testing Nancy Berryman Reese, William D. Bandy, 2010-01-01 rehabilitation One of the most comprehensive texts on the market Joint Range of Motion and Muscle Length Testing 3rd Edition is an easy to follow reference that guides you in accurately measuring range of motion and muscle length for all age groups Written by renowned educators Nancy Berryman Reese and William D Bandy for both Physical Therapy and Occupational Therapy professionals this book describes in detail the reliability and validity of each technique A new companion web site features video clips demonstrating over 100 measurement techniques Full color design clearly demonstrates various techniques and landmarks Clear technique template allows you to quickly and easily identify the information you need Simple anatomic illustrations clearly depict the various techniques and landmarks for each joint Coverage of range of motion and muscle length testing includes important must know information Complex tool coverage prepares you to use the tape measure goniometer and inclinometer in the clinical setting Over 100 videos let you independently review techniques covered in the text Chapter on infants and children eliminates having to search through pediatric specific books for information Anatomical landmarks provide a fast visual reference for exactly where to place measuring devices Chapters dedicated to length testing makes information easy to locate UPDATED information and references includes the latest in hand and upper extremity rehabilitation Joint Range of Motion and Muscle Length Testing - E-Book William D. Bandy, Nancy Berryman Reese, 2009-04-24 Learn the best ways to accurately measure range of motion and muscle length with this thoroughly updated new edition Logically organized and easy to follow this practical text provides accurate and up to date information

on norms for range of motion in all age groups as well as the reliability and validity of each technique. The techniques detail measurement of both joint range of motion and muscle length testing of the spine and extremities using the goniometer the inclinometer and the tape measure. An effective combination of instructions illustrations and layout for each technique allows you to easily understand and follow the information provided. This title includes additional digital media when purchased in print format. For this digital book edition media content may not be included Each chapter uses the same format for each technique allowing you to quickly and easily identify the information you need. Hundreds of photos and illustrations clearly depict the various techniques and landmarks Evidence based information throughout includes the latest data on ROM normative values and reliability validity studies. Figures have easy to find dots that serve as anatomical markers providing a fast visual reference for exactly where to place the measuring device Complete coverage of the tape measure goniometer and inclinometer prepare you to use any tool in the clinical setting. The companion DVD contains video clips demonstrating over 100 measurement techniques. A new chapter on infants and children covers specific techniques used in measuring range of motion in children with a particular emphasis on the measurement of joint motion in infants 70 new line drawings help you align the goniometer or other tools accurately Increased coverage of techniques for measuring the motions of the extremities using the inclinometer Reorganized and updated information in each chapter incorporates the latest references and testing techniques and includes descriptions of the arthrokinematics and functional range of motion requirements for each joint

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measurement for each body region comprehensive coverage of end feels for each joint motion and chapter relating assessment methods to treatment techniques and activities of daily living A useful resource for assessment and treatment

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