

## **2016 MANUAL HANDLING QUIZ**

### **HAZARDOUS MANUAL HANDLING TASKS**

Circle Correct  
Answer

1.	Only tasks that involve lifting heavy objects are considered hazardous manual tasks.	True	False
2.	Health workers have a legal responsibility to take reasonable care of their own health and safety.	True	False
3.	Applying repetitive, sustained, high or sudden force to perform manual tasks can cause musculoskeletal disorders.	True	False
4.	All manual task injuries are caused by the sudden application of a high amount of force.	True	False

### **REDUCING THE RISK OF INJURY**

1.	Tight working spaces can affect your risk of incurring a musculoskeletal disorder.	True	False
2.	Mechanical aids can be used to reduce the risk of injury by reducing the amount of force required from your body to perform a manual handling task.	True	False
3.	When undertaking a manual handling task it is important to assess the risk, eliminate the risk or reduce the risk associated with the task.	True	False
4.	If not sure how to perform a manual handling task safely you should request advice from your manager or supervisor.	True	False

### **SAFE PRACTICES FOR PERFORMING MANUAL HANDLING TASKS**

1.	When performing a task that requires pushing or pulling, it is better to push the load.	True	False
2.	When lifting you should always try to lift the load with your legs.	True	False
3.	Stretching your muscles before performing manual tasks and during breaks can help to reduce the risk of injury.	True	False
4.	When lifting a load, it is safe practice to assume a well-balanced position with your feet apart, facing the direction that you need to go.	True	False

# Manual Handling Questions Test

**United States. War Dept**



## **Manual Handling Questions Test:**

**Practise Now** ACER Press,2002-01-01 Are you worried about taking a test as part of a job selection process Do you breeze through comprehension questions but fall apart when faced with mathematical problems Do reading and vocabulary questions make you panic Now you can be prepared Practice Now is a practical guide to test questions written by people who write selection tests This guide will give you confidence in answering test questions related to general ability aptitude and skills Each chapter focuses on a specific question type commonly used in selection tests Each question type is explained in detail and reasons given for the correct answer Practice Now has plenty of sample questions for you to try with hints to help you work through the answers

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A Manual to Accompany The Study Readers ... Alberta Walker, Mary Rosetta Parkman, 1933

**Foundations of Nursing Practice** Richard Hogston, Barbara Marjoram, 2011-04-01 This is the key text for introductory level nursing covering all the core areas Practical and great value it is comprehensive and also contains new chapters on cutting edge topics Alongside an all new companion website this is an outstanding edition for CFP study from a tried and trusted team

**United States Army Training Manual** U.S. Adjutant-general's office, 1923 Practise Now! Australian Council for Educational Research, 2002 Annotation Are you worried about taking a test as part of a job selection process Do you breeze through comprehension questions but fall apart when faced with mathematical problems Do reading and vocabulary questions make you panic Now you can be prepared Practice Now is a practical guide to test questions written by people who write selection tests This guide will give you confidence in answering test questions related to general ability aptitude and skills Each chapter focuses on a specific question type commonly used in selection tests Each question type is explained in detail and reasons given for the correct answer Practice Now has plenty of sample questions for you to try with hints to help you work through the answers

Respiratory Function Tests in Pneumoconioses , 1964

**Developing**

**Practical Skills for Nursing Children and Young People** Alan Glasper, Marion Aylott, Cath Battrick, 2009-11-27 Clinical skills are essential to the practice of nursing and learning these skills requires a wealth of both factual knowledge and technical expertise Supplementing practical teaching Developing Practical Skills for Nursing Children and Young People is a comprehensive skills text that describes clinical skills in the style of a tutor teaching at

Behavioral Analysis Max M.

Houck,2018-01-02 Behavioral Analysis the latest release in the Advanced Forensic Science series an ongoing reference that grew out of recommendations from the 2009 NAS Report Strengthening Forensic Science A Path Forward serves as a graduate level text for those studying and teaching forensic psychology and is also an excellent reference for forensic psychologists Coverage includes investigations death and violence abuse other methods and professional issues Edited by a world renowned leading forensic expert the Advanced Forensic Science series is a long overdue solution for those in the forensic science community Provides basic principles of forensic science and an overview of forensic behavioral analysis Contains sections on investigations abuse death and violence Includes coverage of other methods such as phonetics and forensic linguistics Includes a section on professional issues such as crime scene to court expert witness testimony health and safety Incorporates effective pedagogy key terms review questions discussion questions and additional reading suggestions     Training Manual United States. War Dept,1923     *Liquid Penetrant Tests* Robert Charles McMaster,1982

**Educational and Psychological Tests and Measures** Richard J. Hamersma,1972     **Measurable Outcomes of Individual Laboratory Work in High School Chemistry** Ralph Ellison Horton,1928     Guidance Services in Secondary Schools Rolla F. Pruett,1962     The Canada Gazette Canada,Canada. Royal Commission on the Law of Insanity as a Defence in Criminal Cases,1929     Measurement and Evaluation in Psychology and Education Robert Ladd Thorndike,Elizabeth P. Hagen,1977     **Western Electric News** ,1926     *Fieldcrest Dairies, Inc. V. City of Chicago* ,1941     *Fire and Water Engineering* ,1915     *Tests in Print* Oscar Krisen Buros,2006

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