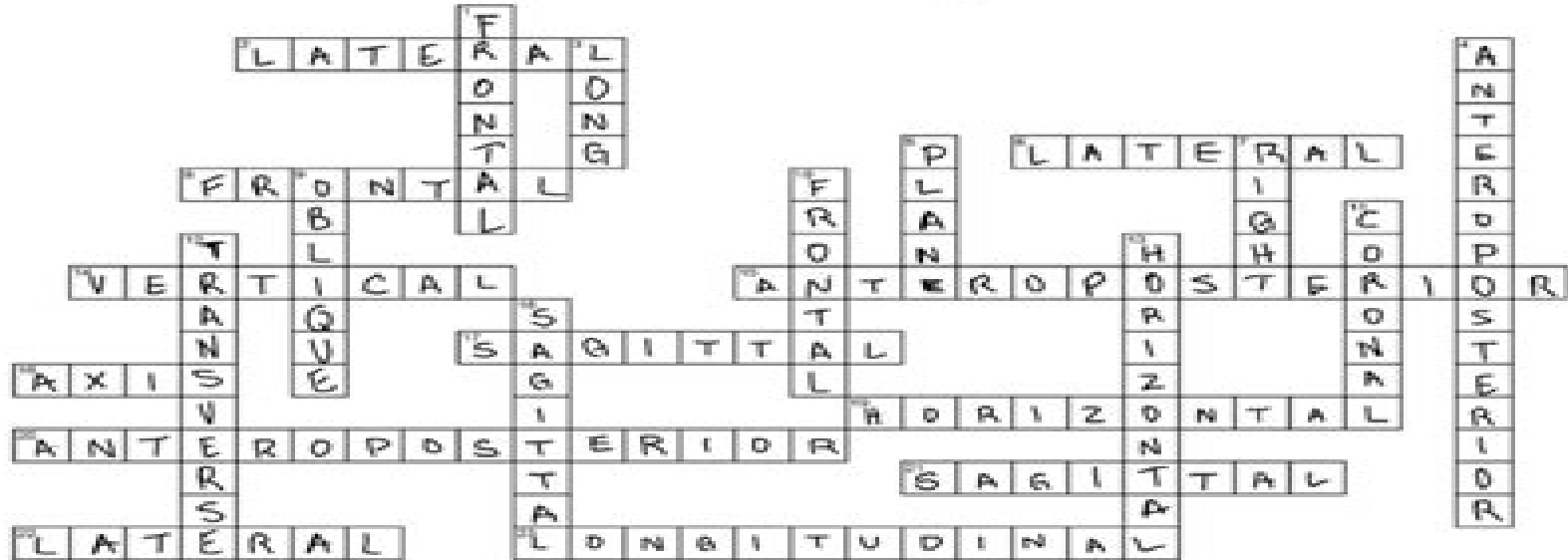


Manual of Structural Kinesiology  
 Chapter 1 Foundations of Structural Kinesiology - Planes & Axes



R. T. Floyd

**ACROSS**

- 2 Axis running at right angle to sagittal plane
- 6 Divides body into anterior & posterior halves
- 8 Sit-up axis
- 14 Long axis
- 15 Sit-up plane
- 17 Glenohumeral abduction axis
- 18 Motion through a plane revolves around
- 19 Divides body into superior & inferior halves
- 20 Inversion axis
- 21 Knee extension plane
- 22 Dorsiflexion axis
- 23 Forearm pronation axis

**DOWN**

- 1 Lateral plane
- 3 Axis for transverse plane
- 4 Axis for abduction, adduction movements
- 5 Imaginary two-dimensional surface which limbs & body segments move through
- 7 Angle between plane of motion and its axis
- 9 Axis for diagonal plane
- 10 Eversion plane
- 11 Jumping jacks plane
- 12 Spinal rotation plane
- 13 Forearm supination plane
- 16 Plane with equal, bilateral segments

# Manual Training Systems Crossword Clue

**A Loxley**



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