

NR546 Midterm Exam 2023/2024 Questions And Answers Update A+

What should the PMHNP consider when prescribing chemical restraints? - Answer--allergy status

-prior med hx for adverse drug reactions r/t the meds ordered in the chemical restraint
-state regulations regarding chemical restrains must be reviewed

Are the PMHNP and other staff liable if the client has an allergic reaction or adverse side effects to the drugs used for chemical restraint? - Answer-No.

The client has been court-ordered to take the prescribed medications and the standing order for chemical restraints is approved. The PMHNP and other staff are not liable if the patient has an allergic reaction or adverse side effects.

How does reviewing the genetic makeup of a client help guide the PMHNP in selecting medication for clients? - Answer--Genetic testing can assist by providing more information on how clients may respond to certain psychotropic medications

-provides information on how a client may break down and metabolize medications based on the cytochrome P450 system.

Tannikulu and Erbaş (2020) investigated identical twins to determine the presence of an inherited link for schizophrenia and why one twin may develop schizophrenia when the other does not. When two people have 100% identical DNA, why don't both persons develop the exact illnesses? Studies of identical Danish twins found that if one twin had schizophrenia, the other twin had a 50% lifetime risk of developing schizophrenia (Lemvig et al., 2020). Why is there only half the risk? - Answer-Both environmental and psychosocial stressors can impact mental health. Although twins may have identical genes, their gene expression may be different.

There may be an environmental exposure that turned a gene "on" that should have been "off" for one twin to develop schizophrenia and not the other.

central sulcus - Answer-separates the frontal lobe from the parietal lobe

frontal lobe - Answer-associated with movement, intelligence, abstract thinking

broca's area - Answer-speech production

temporal lobe - Answer-involves object identification and auditory signals

cerebellum - Answer-coordination

wernicke's area - Answer-speech comprehension

Nasm Midterm Exam Answers

**Mometrix Personal Trainer
Certification Test Team**



Nasm Midterm Exam Answers:

NASM CPT Study Guide CORNELL BUFFET, Become a NASM Certified Personal Trainer Faster Smarter and With Total Confidence Passing the NASM CPT exam doesn't have to feel overwhelming With this complete study companion you get a streamlined easy to understand and highly effective roadmap to mastering every domain of the exam and becoming the fitness professional you're meant to be This all in one guide breaks down complex topics into simple memorable explanations delivering 23 power packed chapters 800 practice questions and detailed answer explanations designed to transform your knowledge sharpen your skills and eliminate test anxiety Whether you're just starting your fitness career or leveling up your expertise this book gives you everything you need to pass your exam on the first try Your Success Starts Here Whether you're a first time test taker or retesting with renewed determination this book equips you with the tools strategy and confidence needed to walk into the exam prepared and walk out a certified NASM CPT Start studying smarter today and become the trainer clients trust

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[Midterm Exam Answers](#) Lorraine Nicol, **NASM Study Guide** Nasm Cpt Exam Prep Team, 2017-05-03 NASM Study Guide NASM Personal Training Book Exam Prep for the National Academy of Sports Medicine CPT Test Developed for test takers trying to achieve a passing score on the NASM CPT Exam this comprehensive study guide includes Quick Overview Test Taking Strategies Introduction Basic and Applied Sciences and Nutritional Concepts Assessment Program Design Exercise Technique and Training Instruction Client Relations and Behavioral Coaching

Professional Development and Responsibility Practice Questions Detailed Answer Explanations Each section of the test has a comprehensive review that goes into detail to cover all of the content likely to appear on the NASM CPT Exam The practice test questions are each followed by detailed answer explanations If you miss a question it's important that you are able to understand the nature of your mistake and how to avoid making it again in the future The answer explanations will help you to learn from your mistakes and overcome them Understanding the latest test taking strategies is essential to preparing you for what you will expect on the exam A test taker has to not only understand the material that is being covered on the test but also must be familiar with the strategies that are necessary to properly utilize the time provided and get through the test without making any avoidable errors Anyone planning to take the NASM CPT Exam should take advantage of the review material practice test questions and test taking strategies contained in this study guide [NASM Personal Trainer Exam Study Guide: NASM Test Review for the National Academy of Sports Medicine Board of Certification Examination](#) Nasm Exam Secrets Test Prep, 2018-04-12 Includes Practice Test Questions Secrets of the NASM Personal Trainer Exam helps you ace the National Academy of Sports Medicine Board of Certification Examination without weeks and months of endless studying Our comprehensive Secrets of the NASM Personal Trainer Exam study guide is written by our exam experts who painstakingly researched every topic and concept that you need to know to ace your test Our original research reveals specific weaknesses that you can exploit to increase your exam score more than you've ever imagined Secrets of the NASM Personal Trainer Exam includes The 5 Secret Keys to NASM Personal Trainer Test Success Time is Your Greatest Enemy Guessing is Not Guesswork Practice Smarter Not Harder Prepare Don't Procrastinate Test Yourself A comprehensive General Strategy review including Make Predictions Answer the Question Benchmark Valid Information Avoid Fact Traps Milk the Question The Trap of Familiarity Eliminate Answers Tough Questions Brainstorm Read Carefully Face Value Prefixes Hedge Phrases Switchback Words New Information Time Management Contextual Clues Don't Panic Pace Yourself Answer Selection Check Your Work Beware of Directly Quoted Answers Slang Extreme Statements Answer Choice Families A comprehensive review including NASM Personal Trainer Content NASM Personal Trainer Testing Cost Exercise Terminology BMI Males vs Females Respiratory Review MET Review Circulatory System Course of Circulation The Heart Cardiovascular Conditions Rating of Perceived Exertion Scale Major Hormones Nutrition Review LDH vs HDL Anorexia vs Bulimia Axial Skeleton Appendicular Skeleton Muscular System Contraction Types of Muscle Fibers Circuit Training Detraining Fluid Intake Recommendations Periodization Stretching Exercises Heart Rate Strength and Safety Guidelines Order of Exercises Injury Review Exercises and much more [NASM CPT Study Guide! Certified Personal Trainer Exam Prep Practice Questions for the National Academy of Sports Medicine](#) Jenny Schaefer, 2021-04-30 If you want to pass the NASM Exam but don't have a lot of time for studying keep reading You are no doubt a busy professional with a lot of things going on It can be challenging to find the time to read and study for the NASM CPT Exam However the truth is that the NASM exam is a challenging exam It is

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