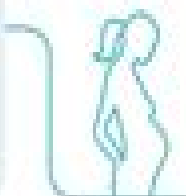


■ MA GROSSESSE, MOIS APRÈS MOIS

L'Assurance Maladie m'accompagne tout au long de ma grossesse et prend en charge mes dépenses de santé. Pour comprendre et anticiper chaque étape-ci, je retrouve ci-dessous mes examens et des conseils pour vivre ma grossesse mois après mois en toute sérénité.

L'Assurance Maladie prend en charge mes examens prénatals obligatoires, mes séances de préparation à la naissance et à la parentalité dont l'entretien prénatal précoce à 100% dès que ma grossesse est déclarée, à l'exception de mes deux premières échographies et de la consultation de prévention avec une sage-femme qui sont remboursées à 70% (dans la limite des tarifs de remboursement de l'Assurance Maladie).



Avant la fin du 3^e MOIS

1^{er} EXAMEN PRÉNATAL

Au cours de cette consultation, mon médecin ou ma sage-femme peut me proposer des examens complémentaires selon ma situation : dépistage de la rubéole, de la toxoplasmose, de l'hépatite B, groupe sanguin, test HIV, etc.

Consultation de prévention avec une sage-femme. Je pense à prendre rendez-vous.*

1^{re} ÉCHOGRAPIE

J'Y PENSE
Je mets à jour ma carte Vitale pour que chaque examen prénatal obligatoire soit pris en charge à 100%.

4^e MOIS

2^e EXAMEN PRÉNATAL**

Des examens complémentaires peuvent m'être proposés et être pris en charge par l'Assurance Maladie.

Entretien prénatal précoce. Je pense à prendre rendez-vous.

J'Y PENSE

- Je conserve toutes mes analyses et échographies pour les consultations suivantes.
- Je me renseigne sur les maternités.

5^e MOIS

3^e EXAMEN PRÉNATAL**

2^e ÉCHOGRAPIE

J'Y PENSE

- Je me renseigne auprès de ma complémentaire santé sur la prise en charge de mon séjour en maternité.
- Si j'attends des jumeaux ou plus, je préviens ma caisse d'Assurance Maladie.

6^e MOIS

4^e EXAMEN PRÉNATAL**

! BON À SAVOIR
Je ne paie pas la participation forfaitaire de 10€, la franchise médicale et le forfait de 104€ pour les actes médicaux lourds et le forfait hospitalier.

J'Y PENSE

- Je mets à jour ma carte Vitale pour que l'ensemble de mes dépenses de santé soient prises en charge à 100% à partir du 1^{er} jour du 6^e mois et jusqu'à 12 jours après mon accouchement.

7^e MOIS

5^e EXAMEN PRÉNATAL**

Début des 7 séances de préparation à la naissance et à la parentalité.

J'Y PENSE

- Je programme des rendez-vous avec mon médecin. Elles sont toutes prises en charge à 100%.

8^e MOIS

6^e EXAMEN PRÉNATAL**

3^e ÉCHOGRAPIE
CONSULTATION AVEC L'ANESTHÉSISTE

J'Y PENSE

- Je prépare mon séjour à la maternité.

9^e MOIS

7^e EXAMEN PRÉNATAL**

Fin des séances de préparation à la naissance et à la parentalité.

J'Y PENSE

- Je prépare mon sac pour la maternité et je ne m'oublie pas du lieu de mon accouchement.
- Après la naissance de mon enfant, je pense à demander à ma caisse d'Assurance Maladie l'inscription de mon enfant sur ma carte Vitale pour qu'elle de mon autre parent.

Pour retrouver mois après mois mes rendez-vous, j'active, dès ma déclaration de grossesse, la rubrique « J'attends un enfant » de l'espace prévention dans mon compte sur

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Leslie Sawicka



L'indispensable Sur Votre Grossesse Et Votre Bébé

L'indispensable sur votre grossesse et votre bébé Leslie Sawicka, 2011-07-07 Un guide complet pour vous accompagner mois après mois à travers votre grossesse. Fertilisations C'est sûr, cet événement va bouleverser votre vie et déjà vous posez des milliers de questions : Où vais-je accoucher ? Quels sont les premiers signes de la grossesse ? Par qui vais-je être suivie ? Ce petit livre a pour but de vous rassurer en abordant tous les thèmes qui vous intéressent en rapport avec votre grossesse, l'accouchement et l'arrivée de votre bébé.

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