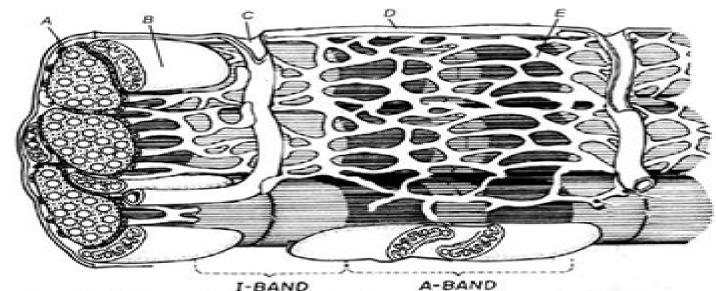
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Sarcomere Coloring

Color the individual myofilaments. (A) purple: these are composed of both thick and thin filaments. Mitochondria (B) ore dispersed through the muscle fibers. color all. mitochondria pink. Recall tinest. mitochondria supply energy needed for muscle: contraction.



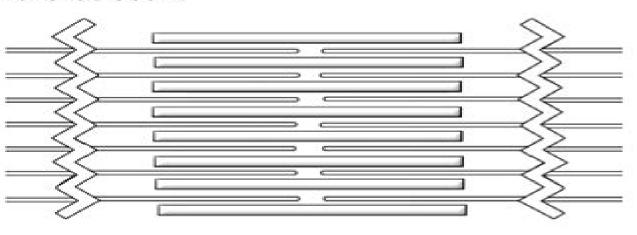
Two types of I-BAND A-BAND transport systems are found within the muscle. The sarcoplasmic reticulum (E) is a network of tubes that run parallel to the myofilaments. Color this network green. The transverse tubules (C) run perpendicular to the filaments – color both yellow. The entire muscle fiber is surrounded by the sarcolemma (D), color this membrane brown.

If expanded, the light and dark bands are shown as individual thick and thin filaments. Color the thick filaments red and the thin filaments blue.

The Z disc is the boundary between sarcomeres, named after its shape. Color

Using your textbook, identify and label the following areas on your diagram.

the Z-discs orange.



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D Keegan

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