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David Baud

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fitness standard It supplies an in depth examination of the risks and hazards associated with the beach environment including rip currents and cold water immersion The book includes a state of the art review of drowning and a comprehensive chapter on first aid Detailing the recently announced 2015 European Resuscitation Council Guidelines this book is a must have for beach lifeguards beach lifeguard managers search and rescue personnel paramedics sports scientists health and safety practitioners and occupational health practitioners **Lifequarding Manual** American National Red **Drowning by Accident** Elizabeth Meinhard, 2022-02-15 Drowning By Accident explains why it is so easy to drown where accidents happen and how to save lives by early rescue and resuscitation More than 600 people die by drowning in Britain every year Swimming is promoted as a particularly safe form of exercise so that swimmers forget or ignore the dangers of frigid lakes swollen rivers incoming tides or outgoing rip currents Drowning accidents take place because we don't recognise water as a hostile environment. We overestimate the strength and endurance of our bodies and underestimate the power and deceptiveness of water Year after year victims lose their lives in typical drowning accidents often sinking so quickly and silently that nearby family friends and onlookers fail to notice the tragedy taking place close beside them Babies drown in baths Toddlers drown in garden ponds School children fall off rafts Teenagers strike too far from the shore Pensioners wade into rivers to save their dogs Victims often die within minutes of sinking beneath the surface A quarter of those who reach hospital alive will also die while others survive with severe permanent brain damage This means that it is vitally important for parents grandparents teachers lifeguards and lawmakers to recognise the risks and Lifeguard Program ,2020 prevent drowning accidents before they take place American Red Cross Lifequarding Manual American Red Cross, 2012-01-05 As the number of community pools and waterparks grows nationwide participation in aquatic activities is also growing Lifeguards must receive proper and effective training and maintain their skills to ensure their ability to work effective with others as a part of a lifeguard team This manual will supplement your in service training to keep your knowledge and skills sharp American Red Cross Lifequarding American Red Cross, 2012 American Red Cross Lifeguard Training Instructor's Manual ,1988-01-01 <u>Lifeguard Manual</u> National Lifeguard Service, Canada. Advisory Council on Fitness and Amateur Sport, 1966 **Lifequarding Manual**, 2012 As the number of community pools and waterparks grows nationwide participation in aquatic activities is also growing Lifeguards must receive proper and effective training and maintain their skills to ensure their ability to work effective with others as a part of a lifequard team This manual will supplement your in service training to keep your knowledge and skills sharp On the Guard Two ,2001-01 Shows exactly how to perform the procedures necessary to prevent drowning and perform rescues American Red Cross Lifeguarding Instructor's Manual ,2007 On the Guard ,2016 You Bet Your Life: Your Guide to **Deadly Risk** Sheila Buff, Joe Buff, 2022-08-09 The gritty and granular truth behind the wagers we make with our lives every single day and if we re unlucky just once in a lifetime What are your chances of living through the next 24 hours This week

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