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web life application lessons on self discipline lesson 1 objective learners connect self discipline with individual choices and apply in a personal situation directions learners brainstorm and select a situation that involves personal self discipline examples of areas use of time food nutrition relationships etc

social skills for kids and teens self discipline lesson - Jul 02 2022

web oct 22 2020 social skills learning to develop self discipline objectives students will be able to define self discipline explain why having self discipline is i