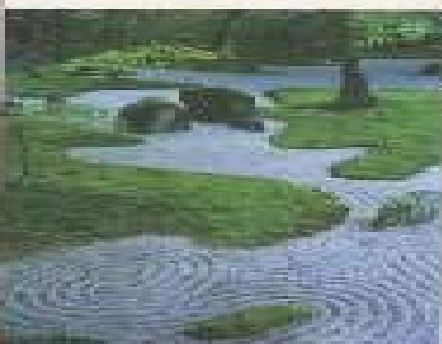


L'UNIVERS DU ZEN

HISTOIRE, SPIRITUALITÉ ET CIVILISATION

JACQUES BROSSE



Spiritualités vivantes

Albin Michel

L'univers Du Zen Histoire Spiritualité Et Civilisation

CO Houle



L'univers Du Zen Histoire Spiritualité Et Civilisation:

L'Univers du zen Jacques Brosse, 2015-06-01 L'Univers du Zen illustre merveilleusement la capacité de Jacques Brosse embrasser la fois la synthèse et le détail d'un sujet aussi foisonnant que le Zen touchant la fois l'histoire et la spiritualité. L'iconographie exceptionnelle comporte plus de deux cents illustrations dont une plus grande partie est inconnue en France et dont certaines sont quasi inédites au Japon. Cette plongée au cœur d'un univers fascinant est animée par la présence de textes courts, paroles de maîtres zen poèmes qui côtoient les magnifiques illustrations. Un livre sans équivalent. Le Monde des religions

L'univers du Zen Jacques Brosse, 2003 L'Univers du Zen illustre merveilleusement la capacité de Jacques Brosse auteur de plusieurs grandes encyclopédies embrasser la fois la synthèse et le détail d'un sujet aussi foisonnant que le Zen, une tradition qu'il pratique et enseigne depuis des décennies. Dans une présentation originale qui laisse place au vide si cher à l'esprit du Zen, le parcours auquel il nous invite suit une trame historique en quatre grandes parties : les origines du bouddhisme en Inde, la naissance et le développement du tch'an en Chine, la closure et le développement de la civilisation zen au Japon, la découverte du Zen par l'Occident. L'iconographie exceptionnelle choisie par l'auteur est riche de plus de deux cents illustrations dont beaucoup sont inconnues en France et dont certaines sont quasi inédites au Japon. Dans ce trésor de pure beauté et de spiritualité, le lecteur peut découvrir au gré de son désir les sujets les plus variés : biographies de grands maîtres, poètes et d'artistes, histoire des écoles et des lignes spirituelles, influences du Zen sur la calligraphie, la peinture, la littérature, mais aussi sur les arts martiaux, sur l'art des jardins et des compositions florales, sur l'architecture ou la cérémonie du thé. L'Univers du zen, premier ouvrage aussi exhaustif sur une tradition qui ne cesse de fasciner l'Occident, relie de façon unique l'histoire des civilisations, celle de la spiritualité. Cette plongée au cœur d'un monde de silence et de subtilité ponctuée de poèmes et de paroles des maîtres zen ravira aussi bien les connaisseurs que les simples amoureux de l'Orient. *Pratique du zen vivant* Jacques Brosse, 2014-01-02 Introduit en France par le moine japonais Taisen Deshimaru, dans les années soixante-dix, le bouddhisme zen reste l'un des apports les plus vivaces de l'Orient à la spiritualité occidentale. Depuis trente ans, des maîtres européens enseignent cette philosophie de la vacuité et les techniques de méditation qui la mettent en œuvre. Jacques Brosse, auteur notamment de *Zen et Occident* et de l'encyclopédie *L'Univers du Zen*, est l'un des plus reconnus de ces maîtres. Depuis sa formation complète auprès de Taisen Deshimaru, il dirige des sesshin, sessions d'enseignement et de méditation dans divers pays francophones. Dans *La Pratique du Zen vivant*, l'enseignement de l'veil silencieux, il offre pour la première fois la transcription de treize sesshin. Les intuitions des sages indiens, japonais et tibétains sont éclairées par des regards sur saint Paul, Spinoza ou encore Einstein, et les séances de discussion qui suivent chaque cours aident chacun à clarifier les enjeux et poursuivre la réflexion. Une façon unique de découvrir le zen tel qu'il se pratique et s'enseigne aujourd'hui, alternative ou complément idéal à la fréquentation régulière d'un centre zen. **Zen** Michel Bovay, Laurent Kaltenbach, 1999 **The World of Zen** Nancy Wilson Ross, 1962 *Mystics and Zen Masters* Thomas Merton, 1986 **Satori** Jacques Brosse, 2009-06-26 Le

Zen selon l'enseignement des maîtres est essentiellement une pratique le zazen la méditation assise dans la posture du lotus celle du Bouddha lorsqu'il parvint à l'illumination On fait zazen d'abord avec son corps C'est seulement ainsi grâce à un retour aux conditions normales d'équilibre c'est-à-dire au fonctionnement unifié de l'organisme et du psychisme qu'on peut découvrir le trésor caché que recèle tout être humain Après des années de pratique intensive sous la conduite d'un des plus grands maîtres du Zen japonais le Rōshi Taisen Deshimaru Jacques Brosse nous raconte ici très simplement ce qui lui est arrivé ce qui peut fort bien arriver chacun d'entre nous qui sommes en quête

Zen and Zen Classics Reginald H. Blyth, 1968 Zen and Zen Classics Reginald Horace Blyth, 1982

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