# NCE/LPC Exam Study Guide.

Ego's need for immediate gratification, - ans Pleasure Principle The cause or of abnormal behavior is difficult to determine in most cases, - ans Etiology An individual who is happy, autonomous, & creative has reached ans Self-actualization This is necessary from parents for children to develop healthy concepts, (Rogers) - ans Unconditional Positive Regard Accomplished by rewarding success of desired behavior. - ans Shaping Learning method involving the conditioning of new stimuli to existing responses. - ansClassical Conditioning A behavior modification used to establish new behavior, - ans reinforcement The designations "common," "personal," & "cardinal" refer to Trait Theory Individuals are in an interactional relationship with their environment. - ans contextualworldview Freud believed human behavior is mainly motivated by the psychosexual energy called . - ans libido Relearning by using a particular stimulus to establish a new, more adaptive response -ans counter conditioning Idea that there are many different ways to interpret events, each one leading to differentbehaviors. ans Kelly's concept of Constructive Alternativism A severe psychological disorder involving loss of contact with reality, - ans Psychosis Process of development and body change resulting from heredity rather than learning. -ans Maturation

The unpleasantness of \_\_\_\_\_motivates individuals to avoid or reduce inconsistencies in cognitive structure. - ans cognitive dissonance

Vicarious conditioning occurs through observed . - ans modeling

# **Lpc Exam Study Guide**

Wenbin Ji

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The Enigmatic Realm of Lpc Exam Study Guide: Unleashing the Language is Inner Magic

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